



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

January, 2014

## SPECIAL EVENTS

Wednesday, January 1st

Closed for Holiday

No Meals

No Transportation

Tuesday, January 7th

1:00 Card Making Volunteers

Wednesday, January 8th

11:30 Ray Petersen, Accordion  
Snowball Dance

3:00 Birthday Celebration  
Snowflake Cake

Careage Campus of Care

Thursday, January 9th

1:00 Public Hearing  
At Sr. Center

Friday, January 10th

11:30 Merle Ring, Organ  
Century Club

Tuesday, January 14th

12:45 Phyllis Rahn,  
"365 Days of Gratitude"

Wednesday, January 15th

9:30-12:00 Health Screening  
Noon Special Luncheon

12:45 Bob Behlers

"Living on the Railroad"

Thursday, January 16

11:30 Connie Webber, Piano

Monday, January 20th

1:00 Board Meeting

Tuesday, January 21st

12:45 Linda Goettsche  
Respite Care Basics

Wednesday, January 22nd

12:45 Oak's Day, Charlotte & Sarah  
"Fun and Games"

Friday, January 24th

1:15 Providence Bingo

Tuesday, January 28th

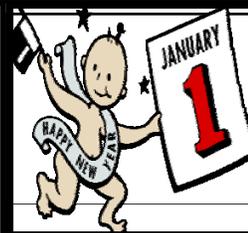
1:30 Toe Nail Clinic  
Anne Liska, P.A.

Friday, January 31st

Chinese New Year Activities

1:15 pm Bingo Every Friday

1:00 Hand & Foot: M,W,F



Wayne Senior  
Center  
Wishes All Seniors  
A Very  
Healthy  
New Year 2014  
And  
Thank You  
For  
2013 Support



At the Year's Ending

For having lived this  
one year more, Let me  
be stronger than before.

For lessons learned  
along the way, Give  
Me more courage day  
by day.

For faith I found within  
my heart, Let me forev-  
er know faith's part.

For out of hurts and  
sometimes pains-  
Strength, courage, faith  
must be the gains.  
Phoebe Hayworth



## The Snowflake's Mission

By Phyllis Thumm

*I stopped a starry snowflake  
As it sailed through the sky,  
And I asked in snowflake language,  
"From whence did you come, and why?"*

*"Don't you know," he softly whispered,  
"from heaven, and I am so glad  
That God gave me a special mission  
To perform for mortals on earth,  
I've come to hide bleakness with beauty  
And to fill all small hearts with mirth."*

*I watched as his brothers and sisters  
Hastened from cloud-darkened skies  
To help with the special mission;  
And I knew from the children's eyes  
That part of the work was finished  
Before they reached the ground,  
For gently they played together,  
Clasping hands as they danced around.  
Ere long every dismal object  
was dressed in a sating gown,  
And drabness became dazzling white  
As diamonds sparkled all over town.*

*Winter Wonderland Music*

*Ray Petersen on Accordion  
January 8th*

*Merle Ring, Organ January 10th*

*Connie Webber: January 16th*

*Come for a lift and feeling of  
inspiration on.  
Tuesday, January 14*

*12:45 p.m., Tuesday 14th  
Phyllis Rahn will give a  
Book review on -*

*"365 Days of Gratitude"*



**Attention**

*Card Makers- Valentines  
Please come: Tuesday,  
1:00pm, January 7th*

*"It's the Snowball Dance Time"  
Wednesday, January 8th  
11:30 to about 12:15*

*Come hear Ray Petersen, play your  
Polka favorites.*

*Dance, Dance, Dance to your Polka  
Accordion Music.*

*January Birthday Party  
Wednesday, January 8th  
11:30 am til 12:15  
Enjoy Ray Petersen  
on Accordion  
"It's Polka Time"*

*3:00pm "Snowflake BD  
Cake"  
Almond Frosting on Yellow  
cake with Coconut Flakes"*



**Chinese New Year ( Year of the Horse)**



**Fortune Cookies & Facts**

**Chinese Checkers**

**Chinese Bingo**

**Chinese Music**



**1:00 Public Hearing  
Thursday, January 9th**

**Wayne Senior Center  
Dining Area**

Bring ideas to share to get new participants at  
our center and van system.

**January 2014: Thank you to Emeritus at The Oaks  
for sponsoring  
14 Special Luncheon Certificates  
Thank you to Careage Campus of Care for 3 Century Club  
Certificates & January birthday cake.**

*Wayne Public Transit is a great mode of  
transportation  
for you to get to appointments & to run  
Errands for \$1.50 one way.  
Hours: 9:00am—4:30pm*





### **Please Call and Volunteer!**

Calling for Helpful Hands  
**New Friday H.D. Meals Substitute !!**

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Volunteers, You are our " Valued Angels"**

**Hear Ye! Hear Ye!**  
**Monday, January 20th at 1:00p.m.**  
**Wayne Senior Center**  
**Board Meeting**  
**Open to All.**



### ***" Oaks Day"***

*12:45 Wednesday, January 22nd*

*Fun and Games Activities*

*Come early for dinner.*

*Charlotte Easland and Sarah Townsend from Emeritus at the Oaks will lead us through these games.*

**Anne Liska, will provide the**  
**1:30 Toe Nail Clinic**  
**Tuesday, January 28th**  
**\$10 donation to the Wayne Clinic**

**For those that find this routine function to be difficult for you.**

**Please sign up early and the clinic will be conducted in the order of sign up.**



*Do you feel overwhelmed and can't clean and cook anymore.*

*Are you having trouble cooking and cleaning*

*Do you wish there would be someone to help care for your loved one so you can get away for errands.*

*Come Hear about Community Respite Caregivers Tuesday, January 21st at 12:45p.m. by Linda Goettsche*

**Electric space Heaters: Do not overload the circuit and Only use necessary rating extension cords to carry the amp Load safely.**



**Mary Nichols, RN**  
**Health Care Screens**

**Wednesday, January 15th**  
**9:30a.m.—12:00, Blood Sugar and Blood Pressure, Blood Pulse**  
**Gift Certificates to 14 Lucky Winners**  
**Sponsored by Oaks**

### **12:45 p.m. "Living on the Railroad"** **Train Collection by Bob Behlers**

*(make your reservations early)*

#### **Special Luncheon Menu:**

- Sliced Ham
- Sweet Potatoes
- Peas
- Canned Pineapple w/Green Jello
- Whole Wheat Bread
- Choice of Cherry & Peach Pie
- Milk, Coffee, Water



**Enjoy your Grandchildren with Laughter**  
**Hugs, Smiles, and Hot Cocoa.**



#### ***Orange Cinnamon Rolls***

*(The orange zest, juice and nuts give the rolls great flavor.)*

*1 Loaf (1 lb.) frozen bread dough, thawed*

*1/4 cup butter, softened*

*1/2 cup Chopped Pecans*

*1/4 cup Sugar*

*1/4 cup packed Brown Sugar*

*1 TBSP. grated Orange Peel*

*1 tsp. ground cinnamon*

*Icing: Combine and drizzle over warm rolls.*

*1 cup confectioners' sugar*

*1 TBSP. butter, melted*

*1/2 tsp. vanilla extract*

*2 to 3 TBSP. Orange Juice*

- 1. On lightly floured surface, roll dough into a 14in square, spread butter on top, sprinkle pecan,s sugar, brown sugar, orange peel and cinnamon.*
- 2. Roll up jelly-roll style. cut into 1/2 inch slices. Place cut side down in two grease 9 inch round baking pans. Cover and let rise in a warm place until doubled. Bake at 350 degrees 15 minutes.*



**NOTHING SMELLS BETTER THAN HOT CINNAMON ROLLS**

# CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

**Cash Donations:**

VFW Wowsen's Auxiliary  
 Melvy & Leon Meyer  
**Cash Memorials for Mabel Petersen:**  
 Bill and Betty Reeg  
 Bill & Rhonda Blecke  
 Mr. & Mrs. Don Pederson  
 Marcella Stethman  
 Roger & Denise Fredrickson  
 Mr. & Mrs. John Hamm  
 Mrs. Joan Lage

**Coffee Donations:**

Wanda Hofeldt  
 Lanora Sorensen  
 Viola Meyer  
 Donna Tiesort  
 Sandra Henschke

**This & That**

Lee Larsen-Ice Cream  
 Lanora Sorensen-Christmas Cards  
 Mabel Tietgen- Flameless Candles  
 Frank & Carla Sheda-Decks of Cards  
 Bonnie Moomaw-Christmas Cards

Thank you to those of you who take the time to bring in **baked items, ice cream** and all the other goodies for 3:00 coffee.

Thank you to those who help Decorate.



Penny Vollbracht	Coordinator
Carol Wibben	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Roger Hochstein	Van Driver
Fred Krenk	Van Driver
Herb Biermann	President
Betty Heithold	Vice President
Verna Mae Baier	Secretary
Joan Lage	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



***Our Wayne Senior Center Activities—***

*Activities are always fun and enriching. Come enjoy each other's company; can you think of anything better. In the beginning you may be shy, but we're very friendly! In our activities you are a part of the team and you will be active and happy, and each person has something to offer. So, come and join us at the Wayne Senior Center. "It's the Place to Be"*

***Thank you Seniors For Supporting the Wayne Senior Center Congregate and Delivered Meal Programs. Your support has allowed the Center To receive incentive money for the Months of August & September & October & very close in December. Thank you.***



**Century Club Movie—January 10th**

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:07 on this day. Reservations made the day before. January sponsor will be *Careage Campus of Care*

**National Pie Day Crossword Puzzle:**

Word List— Apple, Boston Cream, Brady, Breakfast, Cherry, Coffins, Coffyn, Crust, Florida, Meat, Pumpkin, Romans, Vermont

**Senior Center Hours**

**Monday – Friday**  
**8:30 a.m. – 5:00 p.m.**  
**AM Walk at 8:30 a.m.**  
**Van Rides over at 4:30 p.m. \$1.50 /stop**

**Meals are served at noon. Please make your meal reservations & cancellations by noon the day before. Contribution \$4.25 if over 60**

**For van transportation or meal reservations call 375-1460.**



*A special thank you to United Way for funding the distribution of this newsletter.*