



# The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

October, 2014

## SPECIAL EVENTS

Wednesday, October 1st

11:30 & 2:30 Ray Petersen,  
Accordion

12:45 Ammon's Careage Update

2:30 Birthday Celebration

Friday, October 3rd

11:30 Pat Cook, Piano

Tuesday, October 7th

10:00 Line Dancing

11-12 Paper Shredding

Wednesday, October 8th

11:30 Autumn Classics

Earl & Janet Fuoss

Thursday, October 9th

10-12 Flu Shots

Friday, October 10th

Noon Century Club

Tuesday, October 14th

10:00 Line Dancing

12:45 Europe/ Baltic States

Linda Christiansen

Wednesday, October 15th

9:30-12:00 Health Screening

12:00 Special Luncheon

11:30 Polka Music

Earl & Janet Fuoss

Thursday, October 16th

Fall Foliage/New England

Darrell & Phyllis Rahn

Monday, October 20th

1:00 Board Meeting

7:30 pm Dave Irwin/  
Mountain Climbing & Rescue

Tuesday, October 21st

10:00 Line Dancing

12:45 - 1:30 Egypt Tour

By Lauran Lofgren

Wednesday, October 22nd

5:30 pm Harvest Dinner

6:30 pm Journey Men Quartet

Thursday, October 23rd

11:40 & 12:10 Spotlight on Promise

Friday, October 24th

Noon Providence Bingo

Tuesday, October 28th

8:45 to 4:30 Open Enrollment

For Medicare Part D

10:00 Line Dancing

7:30pm Election Candidates

Thursday, Oct 30th

12:45 Oak's Day

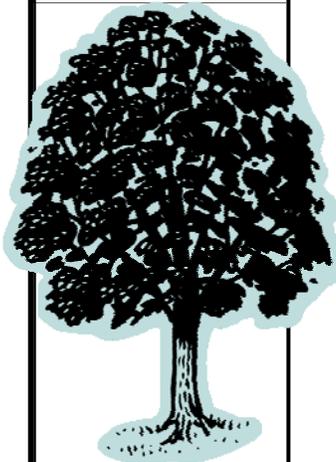
Friday, October 31st

11:45 Halloween Fun

By Louise Green



Wayne Senior  
Center  
Wishes All Seniors  
A  
Great Fall  
That awakens  
You to the Beauty  
Of the Golden  
Indian Summer



Time is...

Too Slow for those  
who Wait,  
Too Swift for those  
Who Fear,  
Too Long for those  
who Grieve,  
Too Short for those  
who Rejoice,  
But for those who  
Love ...

Time is not.

## In Lavished Splendor

Pauline Chadwell

Against my sky-filled windowpane  
The scarlet maple flames again,  
Each perfect leaf of frozen fire,  
Bright answer to life's deep desire  
For beauty, Autumn comes to me  
In lavished splendor of one tree.

Oh, lovely is the gemmed array  
Of woodland trails in rich display...  
With golden coins, white birches shine,  
And emerald tones are etched on pine.  
The sapphire lace of clear sky weaves  
Its pattern through oak's ruby leaves.

But, none of these can dim the glow  
Of one swamp maple that I know...  
In dazzling sun, or rain-filled gloom,  
Its brilliance flows into my room,  
As autumn stays a while with me  
In lavished splendor of one tree.



Flu Shots-10-12 am at the Center. Please bring your Medicare Card and there is a form to fill out that we will have prior to the day. October 9th

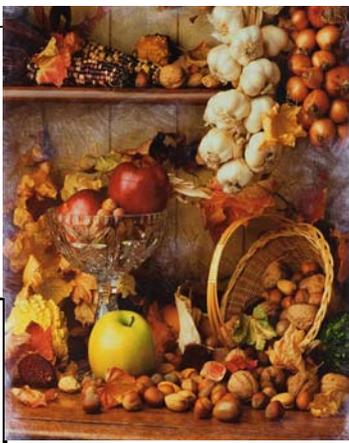


Pat Cook on piano

October 3rd at 11:30a.m.

She's Back and Welcome her back.

Shredding at the South Parking Lot At Wayne Senior Center 11-12:00 noon Tuesday, October 7th Legal, Bills, Personal Documents. Leave the Staples in. Free.



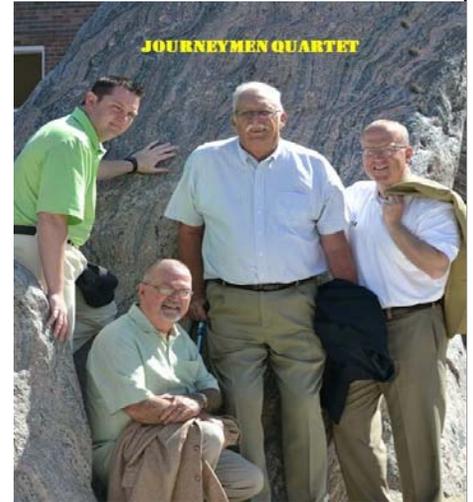
Wednesday, October 22nd Harvest Dinner—Evening Meal

Please come to our Harvest Dinner Wednesday, October 22nd at 5:30 p.m. Featuring the Journey Men Quartet at 6:30p.m. Please make your dining reservations early due to seating capacity at 113 persons. Call for reservations at 402-375-1460

Contribution Cost of the Harvest Dinner and Journey Men Quartet will be \$8.50 to cover the costs.

Harvest Dinner Menu: ( By Vel's Bakey)

- Roasted Roast Beef
Mashed Potato w/ Beef Gravy
Green Bean Casserole w/Bacon
Strawberry Fluff Salad
Whole Wheat Dinner & Promise
Tapioca Pudding with Topping



Attention Card Makers—Cancelled In October

Line Dancing: Tuesdays

- October 7th- 10:00
October 14th-10:00
October 21st-10:00
October 28th-10:00

It's fun. You're Invited. Free.

Travel to the Baltic States in Europe

Hear & See Linda Christiansen's Experiences of the beauty and interesting Baltic Sights.

Come for Lunch- Tuesday, October 14th at noon and see the Baltic States at 12:45 to 1:30p.m.

"Wayne Senior Center is the Place to Be"



October Birthday Party Wednesday, October 1st 11:30 am til 12:15 & 2:30 Enjoy Ray Petersen on Accordion on Accordion Playing your oldies but goodies.

2:30pm Spice Cake



October : Thank you to The Oaks Retirement Center for sponsoring Century Club & Bingo Black Outs. Thank you Careage for 14 Special Luncheon Certificates.

Wayne Public Transit is a great mode of transportation for you to get to appointments & to run Errands for \$1.50 one way. Hours: 8:50am—4:30pm Last Run New Van Driver-Dan Carroll





## **VOLUNTEERS Thank You!!**

The Senior Center really needs volunteers for

### **Friday Kitchen Helpers**

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

**Volunteers, You are our " Valued Helpers"**

**Hear Ye! Hear Ye!**

**Monday, October 20th at 1:00p.m.**

**Wayne Senior Center  
Board Meeting  
Open to All.**



*Phil Pfaltzgraff will again invite*

*Wayne State College  
Music Majors  
For-  
"Spotlight on Promise"*

*Make Your dinner reservations early :  
Thursday, October 23rd  
11:40 & 12:10 Performances*



### **Halloween Party**

**By Oaks**

**October 30th at 12:45 p.m.**

**Be ready to scream and laugh at the  
Ghosts and Goblins**

**Liz Brummond and Sarah Townsend**

**Have a variety of Fun Activities  
To celebrate Halloween.**

**Health Clinic: Flu Shots Given At Wayne Senior Center**  
*Bring Medicare Health Cards  
Wayne Home Health Nurses  
October 9th, from 10:00 to 12:00*

*Pick up the forms for insurance at the Center a few days prior.  
Cost: Free*

*For: Medicare Eligible Persons Only from Wayne Area*

**Medicare D Open Enrollment,  
Tuesday, October 28th:**

*Sign Up to meet with either Kaley Wohlers, Lesli Schulz or  
Jodeen Cantrell to help sign up for your Medicare D plan,  
Bring Your medication list and Medicare cards.*



**Mary Nichols, RN  
Health Care Screens  
Wednesday, October 15th  
9:30a.m.—12:00, Blood Sugar and  
Blood Pressure &**

**12:00 Noon, Special Luncheon  
Gift Certificates to 14 Lucky Winners  
Sponsored by Careage Campus**

**Polkas by Earl and Janet Fuoss "Come 'N Dance"  
Special Luncheon Menu**

**Pork Cutlet & Pork Gravy**

**Red Roasted Potatoes**

**Peas & Carrot**

**WW Fresh Bread, Promise**

**Fresh Cut Oranges**

**Coconut or Chocolate Cream Pie**

**Milk, Coffee, and Water**



### **Halloween Fun**

**"Ghosts and Goblins"**

**11:40 a.m. Thursday, October 31st  
Louise Green has some funny  
Entertainment**

**Treats & Surprises for All.**

**Wear Farm Clothes and Hats or  
Halloween Costumes.**

**Please invite a guest to the party and dinner.**



### **Apple Pecan Pancakes**

*For 2 to 4 persons*

**In Teflon Electric Skillet or Teflon Frying Pan**

*Melt 1/4 cup of butter in pan on low.*

*Slice 1 large apple in the pan*

*Cook on low heat.*

*Sprinkle 1/4 cup Brown Sugar*

*Sprinkle with Ground Cinnamon*

*Sprinkle with 1/8 cup of Pecan Pieces*

*Cook until bubbly.*

**Prepare 1 cup of complete pancake mix with**

**3/4 cup Of milk and 1 Beaten Egg.**

**Pour pancake batter over cooked apple mixture.**

**Flip over and finish cooking the pancake.**

**Serve Hot, Enjoy.**



**OCTOBER'S**

**APPLE PECAN PANCAKES**

# CITY OF WAYNE /

410 N. Pearl Street, Wayne, Nebraska 68787



**Cash Donations:**

Leon & Melvy Meyer  
Marv and Bonnie Nelson  
Minerva Donation

**Coffee & Ice Cream Donations:**

Toots Justice  
Betty and Delmar Heithold  
Lanora Sorensen  
Marquerite Preheim  
Gertrude Vahlkamp  
Maxine & Les Alleman

**This & That**

Arden Sammes -tomatoes  
Wayne Green house –roses & carnations  
Bridge Refreshments  
Marilyn & Gerald Otte Cookies  
Jerry Conradt Kathi Reiss, & Joann McNatt -&  
Mable Sommerfeld=Cake Mixes  
Mary Jensen-puzzle  
Bev Ruwe and Dick & Carol Brown– Vegetables  
Thank you to those of you who take the time to bring in baked items, ice cream and all the other goodies for 2:30 coffee.

Thank you to those who help Decorate.

Thank you for the volunteer hours, that many of you provide us each month.

You are the Center's treasured angels.



**Put on your calendar to come to the Center:**

Thursday, October 16th at 12:45 p.m. for Fall Foliage trip of the New England States  
By Phyllis and Darrell Rahn  
(Sorry for the viewing problems the last time)

Tuesday, October 21st at 12:45 to travel to Egypt To see the Nile and the Pyramids  
By Lauran Lofgren, librarian



Everyone Love the Classics  
Don't miss Earl and Janet Fuoss's  
Collection of Autumn Classic Music

My favorite is the "Autumn Leaves" what is yours?  
Sign up early to hear and enjoy Country Fried Steak.  
11:30 am. Wednesday, October 8th



**Century Club Movie—October 10th**

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 to 12:15 on this day. Reservations made the day before. October sponsor will be *The Oaks*.

Grouches Trivia Crossword Puzzle:

Archie, Bad, Donald, Fifty, Gothic, Grumpy, Grundgetta, Infants, Judge, Not, Oscar, Ralph, Rooney, Simmon, Sylvester

- |                  |                         |
|------------------|-------------------------|
| Penny Vollbracht | Coordinator             |
| Carol Wibben     | Operations Assistant    |
| Fran Poehlman    | Senior Center Assistant |
| John Rebensdorf  | Van Driver              |
| Roger Hochstein  | Van Driver              |
| Dan Carroll      | Van Driver              |
| Betty Heithold   | President               |
| George Burcum    | Vice President          |
| Verna Mae Baier  | Secretary               |
| Joan Lage        | Treasurer               |

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



**Senior Center Hours**

**Monday – Friday**

**8:30 a.m. – 5:00 p.m.**

**AM Walk at 8:30 a.m.**

**8:50a.m.-4:30p.m. Van Rides**

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before.

**For van transportation or meal reservations call 375-1460.**



A special thank you to United Way for funding the distribution of this newsletter.