



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

January, 2015

SPECIAL EVENTS

Thursday, New Year's Day
Center Closed,
No Congregate & H.D Meals,
No Van Service

Tuesday, January 6th

1:00 Card Making

1:30 Toe Nail Clinic

Jan Liska, P.A.

Wednesday, January 7th

11:30 & 2:30 Snowball Polka Music

Ray Petersen, Accordion

12:45 Chuck Funk, Careage Update

2:30 Birthday Snowball Cake

Thursday, January 8th

10:30 Beginning of Series

"Downton Abbey"

Season 1 Episode 1

Friday, January 9th

Noon Century Club Certificates

Monday, January 12th

12:30 Movie Day

"The Hundred Foot Journey"

Wednesday, January 14th

12:45 Dan Hansen's

"Variety Music Show"

Thursday, January 15th

10:30 "Downton Abbey" Show 2

12:45 "Can You Hear Me Now?"

Judith Stanton,

Monday, January 19th

12:45 Public Hearing

Followed by Board Meeting

Followed by Safety Meeting

Wednesday, January 21st

9:30 to 12:00 Health Screenings

Noon Special Luncheon

11:30 Connie Webber, Piano

Thursday, January 22nd

10:30 "Downton Abbey" Show 3

Friday, January 23rd

1:00 Providence Bingo

Wednesday, January 28th

12:45 Oaks Day Surprise

Thursday, January 29th

10:30 "Downton Abbey" Show

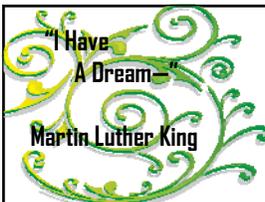
Episode 4

9:00 & 1:00 Pool M, W, F

1:00 Hand & Foot M, W, F

1:00 Pitch Daily

1:15 pm Bingo Every Friday



Wayne Senior
Center

Wishes All Seniors
A
Happy & Healthy



Questions?
What do you want to
accomplish that you
keep putting off?
What five things do
you want to do in
2013?

New Year Wishes Poem
Author Unknown

I wish you health....
So you may enjoy each day in comfort.
I wish you the love of friends and family...
And peace within your heart.
I wish you the beauty of nature...
That you may enjoy the work of God.
I wish you wisdom to choose priorities....
For things that come to you.
I wish you happiness and joy...
And blessings for the New Year.
I wish you the best of everything
That you so well deserve.
Happy New Years, friends!

Beating Cabin Fever Box & Ideas:

An Activity box can be a boredom buster during winter or any time of the year. They should be individualized to meet your activity interests such as:

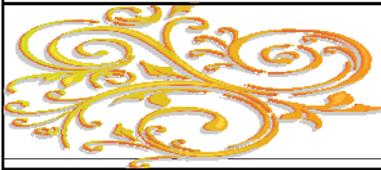
- New Magazines on Cooking, Farming, Cars,
- Computer Games, Crossword Puzzles, Card Game
- Knitting yarn and knitting needles or crochet hook
- Craft Projects
- Look at seed catalogs and order for spring
- Invite a friend for coffee and bake a coffeecake
- Make a collage of cut up Christmas cards
- Organizing pictures in picture albums
- Calling Friends and Family on the Phone
- Make a new entrée and invite someone for dinner.

New Year's Celebration in Mexico: People eat 12 grapes, one grape at the stroke of each chime of the New Year. With each grape, a wish is made for the New Year. They also decorate their homes according to what they want to receive during the year. Red =love, yellow-=prosperity in work, green=wealth, and white=good health.

Wayne Senior Center
Public Hearing
Monday, January 19th
12:45
Bring Program Ideas



Thurs, 1/28/15
"Magical Winter"
Oak's Day
Features :
12:45 Entertainment
By Sarah & Liz



Attention Card Makers

Please come: Tuesday,
January 6th
Wayne Senior Center: At 1:00 pm
Cards Needed are: Sympathy

Sign up on January 6th beginning
at 1:00p.m.

Toe Nail Trimming Clinic
By Anne Liska, P.A.

Your Feet are Important for Good Health

Birthday Party
Wednesday, January 7th
11:30 am, 12:45 & 2:30pm
Enjoy Ray Petersen
on Accordion
Playing your oldies but
goodies.
2:30pm Snowball
Birthday Cake
12:45 Chuck Funk,
Careage Update.



Thank You

*Volunteers: the Wayne Senior Center wants to thank you for your service
In the year 2014*

*Many of you help in the kitchen as Kitchen Aides and volunteer from 3 to 6
hours per week. We thank you for always striving to make our tray appear
Attractive and sharing a welcoming smile. Helping with the large serving pans
and washing dinner ware is a wonderful helping hand to Fran and the Wayne
Senior Center.*

*Our Home Delivered Meals volunteers leave their homes once or twice a week,
every week, in all kinds of weather. Thank you for giving such great service to our
H.D. Participants. They depend on your smiling faces for so much more than
regular meal delivery. We are grateful for your service to the community.*

*Many of us, use the beautiful cards that the card making group prepare for us.
This is a wonderful sentiment and ability to recreate a lovely card from used
cards. Thank you for your creativity.*

*Quilters the hours and hours of time you donate to the center is very much
appreciated. The money you donate to the center is more valuable than words
can express. Your talent and diligence is a wonderful gift to our Wayne Senior
Center. Thank you valued volunteers for sharing with us.*

Wednesday, January 14th at 12:45 p.m.

You are invited to attend Dan Hansen's
"Variety Music Show"

Be prepared to have fun
and laughs

Plus Hear Banjo, Piano,
Coronet, & Singing



Thank you to Careagefor sponsoring
3 Century Club Certificates.
Thank you to The Oaks for supporting the
14 Special Luncheon certificates.

Wayne Public Transit is a great mode of transportation
for you to get to appointments & to
run errands.

Fee for the van is \$1.50 one way.
(last ride at 4:30)



CITY OF WAYNE / SENIOR CENTER

410 N. Pearl Street, Wayne, Nebraska 68787

DOWNTON ABBEY PREMIERE



Donations
Cash Donations:

**Elinor Jensen donation for Acme
Marcella Larsen
Cash Donation in honor of Rose
Carlson given by Donna Tietsort**

**Cash Memorials in honor of Cyril Hansen given
by Lila & Kenneth Splittgerber, John & Anita
Fuelberth, Mary Lou George, & Marilyn
Morse.**

**Mabel Sommerfield
Shirley Pospishil
Leon & Melvy Meyer**

**Coffee Donations:
Betty and Delmar Heithold
Oma & Don Jacobsen**

**This & That
Christmas Puzzle from Margaret Korn's
daughters
Donna Tietsort –puzzle**

**Thank you to those of you that take the time
to bring in baked items, ice cream and all
the other goodies for 2:30 coffee.**

**Thank you to those who help with the
Decorating for special occasions.**

We are having a Winter series of the TV Show "Downton Abbey" Episode One From season 1. This is the first of five seasons with the fifth season starting on TV this year. We felt you would enjoy this show utilizing our new DVD player that our Center received from George Burcum.

The story is about Robert, Earl of Grantham, and his American –born wife Cora and three daughters and domestic staff that live in Downton Abbey in England and starts in April, 1912. This period is during the time of the "Titanic" and their royal way of life is being threatened by James Crawley, heir presumptive to the earldom.

This show has a large following and we hope you get hooked into watching all the four seasons with us. Come for "Downton Abbey" on Thursdays at 10:30.

*Snowman
Snowflakes are falling
North winds are blowing
Over the hilltops
While children are playing
Making snowmen
And Sledding, Never ending fun!*



Century Club Movie—January 9th

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 on this day. Reservations made the day before. January sponsor will be *The Oaks*.

Pooch Day Crossword Puzzle:

Bounce, Donkey, Eeyore, Heffalump, Honey, Kanga, Kangaroo, One, Piglet, Rabbit, Robin, Roo, Stutters, Thoughtful

Penny Vollbracht	Coordinator
Carol Wibben	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dan Carroll	Van Driver
Roger Hochstein	Van Driver
Betty Heithold	President
George Burcum	Vice President
Verna Mae Baier	Secretary
Joan Lage	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



Senior Center Hours

**Monday – Friday
8:30 a.m. – 5:00 p.m.**

**Meals are served at noon. Please make your
meal reservations & cancellations by noon
the day before. \$4.50 Congregate & \$4.65
MOW Contribution Appreciated**

**For van transportation or
meal reservations call 375-1460.**



*A special thank you to United Way for
funding the distribution of this newsletter.*



VOLUNTEERS Thank You!!

The Senior Center is looking for volunteers for

Quilters & Kitchen Subs, & Home Delivery Staff

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

Volunteer Angels Needed.

Hear Ye! Hear Ye!
Monday, January 19th at 1:15p.m.
Wayne Senior Center
Board Meeting
2:15 Safety Meeting



Wayne Senior Center
Public Hearing, Monday, January 19th
12:45 Following Lunch



Objective is to review programs
Make new objectives for Growth
Questions and Suggestions Welcome.

FROG EXERCISES

Wayne Senior Center
(Fitness Reaching Older Gen's)
Taught by Certified Teacher
Penny Vollbracht



Sign Up 1st Week in January 2nd & fill out Medical Clearance Form from your physician.

8:45 Walk a few laps around the center & entrance
Class at 9:15 am (1/2 hour) on January 5th,
come in casual stretchy clothes & join our group.
Monday, Wednesday, Friday for Light Muscular
Endurance. Coffee time follows. We love it.

Popcorn and Movie Matinee

Wed, January 12th at 12:30 after lunch
Featured Movie—

“The Hundred Foot Journey”

Current release bursts with flavor, passion and heart. Staged in France about a chef & culinary immigrant and their competition.

Starring:

Helen Mirren, produced by Steven Spielberg, Oprah Winfrey and Juliet Blake,



January Fire Prevention Tip

Call your friends to see if they are alright?



Health Care Screens Wednesday, January 21st

9:30a.m.—12:00, Blood Sugar
and Blood Pressure

Noon, Special Luncheon and
Gift Certificates to 14 Lucky Winners

Sponsored by The Oaks

Connie Webber, pianist and singer is our
11:30 featured entertainer

Menu:

Sliced Ham

Sweet Potato

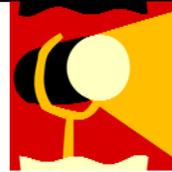
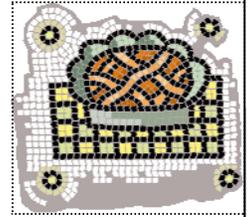
F. Peas

Canned Pineapple w/ Green Jello

Fresh Sliced Bread & Promise

Coconut Cream Pie

Milk & Coffee & Water



“Spotlight on Promise”
Featuring-
PERFORMERS FROM
WAYNE STATE COLLEGE
WITH
PHILIP PFALTZGRAFF
AS ACCOMPANIST
Thursday in January TBA
Come for Lunch.

Hot Tuna Sandwiches

From Dora Echtenkamp

1 1/2 c. chopped Tuna (cooked or canned)

1 cup grated cheese

1/3 cup chopped celery

1/4 cup chopped almonds

1/2 cup salad dressing or mayonnaise
(can of cream of celery is an alternative)

1 tsp. minced onion

1 Tbsp. lemon juice

Salt & Pepper to taste.

Combine and put on hamburger buns,
wrap in foil and put in
350 degree oven for 15 to 20 minutes.

Enjoy

HAPPY NEW YEARS!

ENJOY WITH HOT SOUP

