



The Senior Star



410 N. Pearl Street

A monthly publication for The Wayne Senior Center

March 2015

SPECIAL EVENTS:

Wednesday, March 4th

11:30 Ray Petersen, Accordion

12:45 Careage Update

2:30 BD Party for March

Thursday, March 12th

Burdett Heithold

"Keeping the Family Farm"

1:15 Individual Consult

Monday, March 16

1pm Board Meeting

Tuesday, March 17

12:30-1 Irish Line Dancing

Wednesday, March 18th

9:30 to 12:00 Health Screens by

Mary Nichols

11:30 Connie Webber

Special Luncheon

Cherry Delight Dessert

Thursday, March 19th

11:40 Spotlight on Promise

Phil Pfaltzgraft & WSC

Music Students

Friday, March 20th

Noon Century Club

Tuesday, March 24th

12:45 Nick Nemnitz

Family Preparedness & Crisis

Wednesday, March 25th

12:45 Oaks Day

Liz & Sarah

Thursday, March 26th

12:45 Hilda Pearson

"What You Really Loose"

Post Tornado

11:30 Tuesday, March 31

Patricia Sherry, Pianist

1:30 Toenail Clinic

Anne Liska, P.A.

Activites:

Frog MWF 9:15

Bingo Fri.@1



*The
Wayne Senior
Center

Wishes All Seniors
A
Happy St. Patrick's Day
And*

*The Luck
Of
The Irish*



*Welcome
Spring Time!
Daylight Savings
Begins
March 8th
(Spring Forward)*

The time is meow.



Spring Forward.

Catch A Smile

*Smiling is infectious.
You can catch it like the flu.
When someone smiled at me today,
I started smiling, too.*

*I passed around the corner,
And someone saw my grin,
When he smiled I realized
I'd passed it on to him.*

*I thought about that smile.
Then I realized it's worth.
A single smile just like mine,
Could travel the whole earth.*

*So if you feel a smile begin,
Don't leave it undetected.
Let's start an epidemic quick,
And get the world infected!*

~ Author Unknown



"Spotlight on Promise"
**PERFORMERS FROM
WAYNE STATE COLLEGE
WITH
PHILIP PFALTZGRAFF
AS ACCOMPANIST
Thursday, March 19th;**

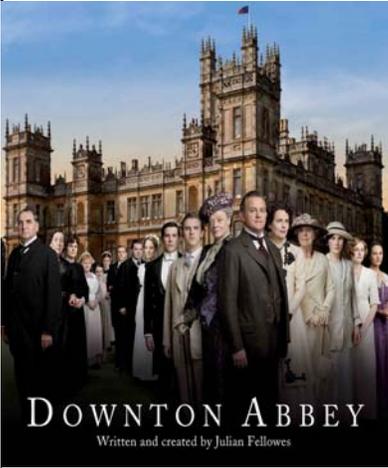


Toe Nail Clinic
By Anne Hoeman, P.A.



1:00 March 31th
Please sign up.
\$10 contribution to Clinic

Downton Abbey
Each Thursday @ 10:30



Celebrate St. Patrick's Day with Irish Line Dancing
with Rita McLean & Friends

12:30-1pm for your dining pleasure

Don't forget to wear **Green**, and bring a Friend!



Dinner Menu:

Polish Dog with Kraut on a bun

Baked Beans

Cucumber Salad

Vanilla Pudding with Mango &

Marshmallows

Milk, Coffee, & Water



**Attention
Card Makers**

Please come:
Tuesday, March 3
Wayne Senior Center: at 1:00

Daylight Savings Begins
March 8 at 2am.....
Don't forget to
Spring forward!

Birthday Party

Wednesday, March 4th
11:30 and 12:45

Ray Petersen will play your
favorite Accordion Polka's.
A white cake with shamrocks
be served at 2:30 coffee.



**Birthdays are
good for you...
The more you have
the longer you live!**

You're never too old,
too wacky, too wild,
to pick up a book and
read to a child.
-Dr. Seuss

Thank you to Careage for sponsoring
14 Special Luncheon Certificates.

Thank you The Oaks Retirement
Community for supporting 4
Century Club certificates.



Oaks Day
March 25th 12:45.
Everyone has a great
time with Sarah & Liz!



Wayne Public Transit is a
great mode of transportation
John, Dan, & Roger are there for you.
Call 402-375-1460
Fee for the van is \$1.50 one way.



CITY OF WAYNE / SENIOR CENTER



410 N. Pearl Street, Wayne, Nebraska 68787

Donations

Marvin & Bonnie Nelson
 Fern Test
 Jacquelyn Owens
 Keith & Fern Erickson

Cash Donations:

Cash Memorials in Memory of Cyril Hansen from:
 Bev Hansen & Family

Donation in memory of Esther Hansen from Alta Meyer

Bernice Hogan
 Donella Johnson
 Leon & Melvy Meyer
 Marv & Bonnie Nelson

Coffee Donations:

Janet Reeg
 Earl & Janet Fuoss
 Esther Baker
 Babs Middleton

This & That

Gertrude Vahlkamp
 Wayne Green House

Thank you to those of you that take the time to bring in baked items, ice cream and all the other goodies for 2:30 coffee.

Thank you with the Decorating



to those who help for special occasions.



March 26 at 12:45
 Hilda Pearson
 "What you really Loose"
 Post Tornado
 Personal Experience Talk-

Thank you Seniors For Supporting the Wayne Senior Center Congregate and Delivered Meal Programs. Your support has allowed the Center to maintain great numbers.



So please invite your friends to come eat & become a regular!!! We're a great place to be!

Century Club Movie—To Be Arranged

If you attend the Century Club Movie, make plans to have lunch afterwards! You won't be late. Serving time is at 12:05 on this day. Reservations made the day before. March sponsor will be *Careage*.

Telephone Trivia Puzzle:

Ahoy, Answering, Book, Color, Dead, Fictional, Hayes, Hoover, Mobile, Numbers, Party Lines, Soundproof, Watson, Wireless

Penny Vollbracht	Coordinator
Carol Wibben	Operations Assistant
Fran Poehlman	Senior Center Assistant
John Rebensdorf	Van Driver
Dan Carroll	Van Driver
Roger Hochstein	Van Driver
Betty Heithold	President
George Burcum	Vice President
Verna Mae Baier	Secretary
Joan Lage	Treasurer

Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.



Senior Center Hours

Monday – Friday
 8:30 a.m. – 5:00 p.m.
 AM Walk at 8:30 a.m.

Meals are served at noon. Please make your meal reservations & cancellations by noon the day before. Thank you!

For Van transportation or meal reservations call 375-1460.
Last ride at 4:30pm



A special thank you to United Way for funding the distribution of this newsletter.



VOLUNTEERS Thank You!!

The Senior Center is looking for volunteers for

Entertainment Volunteers

If you are interested in volunteering your time for this very important and rewarding service please call the Wayne Senior Center at 375-1460.

Volunteers, You are our "Pot of Gold"

Hear Ye! Hear Ye!
Monday, March 16th at 1:00p.m.
Wayne Senior Center
Board Meeting
Open to All.



March 31 at 11:30

Pat Sherry will entertain everyone on Piano with her favorite songs.



Burdett Heithold

Thursday, March 12 12:45
"Keeping the Family Farm"
1:15 Individual Consultation



March Fire Protection Tip

Throw away appliances with frayed cords.



Mary Nichols, RN "Health Care Screens"

Wednesday, March 18th

9:30a.m.—12:00, Blood Sugar and Blood Pressure
Noon-Special Luncheon and Gift Certificates to
14 Lucky Winners, Sponsored by The Oaks of Wayne.

Special Entertainment: 11:30 Connie Webber,

Spring Piano Music

Springtime Menu:

Baked Chicken w/cream of Chicken soup

F. mixed Vegetable

Frozen Fruit w/ Yogurt

WW Bread, Promise

Cherry Cheesecake Dessert

Milk & Coffee



Nick Nemnitz,

Wayne County Emergency Officer
"Family Preparedness"

March 24 12:45

Make a plan, get a kit, and get prepared in case of an emergency.



Gingered Lime Gelatin Recipe (Ginger ale used instead of water)

- ◆ 1 can of pears diced
- ◆ 1 package of lime gelatin (6 ounces)
- ◆ 1 1/2 cups boiling water
- ◆ 1 cup ginger ale, chilled
- ◆ 1/4 teaspoon ground ginger
- ◆ Drain pears, reserving juice; set the pears aside.
- ◆ Dissolve the gelatin in water. Stir in ginger ale, ginger and the reserved juice. Chill until syrupy, about 45 minutes. Fold in pear. Transfer partially gel into a 6-cup mold coated with cooking spray. Refrigerate until firm. Unmold onto a serving platter.
- ◆ Serves 8

