

November 2018 Menu



Monday

Tuesday

Wednesday

Thursday

Friday

**Milk, Water,
Coffee
are served
with every meal**



Thanksgiving Dinner will be served on Friday 11/16
Save the clean up for us...
Call 375-1460 to make your Reservations early.
Music at 11:15 by Bob Litz
Sign up by Nov. 14th Please

1
 Chicken Noodle Soup
 Crackers
 Celery Stick w/ Peanut Butter
 Cheese stick
 Home Made Sliced Bread
 Fruit Pie

2
 Sliced Roast Beef
 Mashed Potatoes & Gravy
 Corn
 Dinner Roll
 Apricot Salad

5
 Goulash
 Lettuce Salad
 Asst. Veggies
 Garlic Bread Stick
 Apple Crisp

6
 Oven Baked Chicken
 Mashed Potatoes & Gravy
 Creamed Corn
 Dinner Roll
 Peaches

7
Monthly Birthday Party
 Salisbury Steak
 Scalloped Potatoes
 Green Bean Casserole
 WW Dinner Roll
 Pears
(Cake Served @ Center)

8
 Tater Tot Casserole
 7 Layer Salad
 Mandarin Oranges & Jello
 HM Pumpkin Muffin

9
 Breaded Pollack
 Tarter & Sr. Cream
 Baked Potato
 Creamed Peas & Carrots
 WW Sliced Bread
 Mixed Fruit

12
VETERAN'S DAY CELEBRATION
 Tavern Sandwich
 On a Homemade Bun
 Calico Beans & Mac. Salad
 Patriotic Drink
 Red, White & Blue Dessert
Program Starts @ 11:15

13
 Creamed Chicken
 Over Biscuit
 Broccoli & Cheese Sauce
 Cranberry Salad
 Cherry Chocolate Cake

14
 Pulled Pork Sandwich
 Home Made Bun
 Au gratin Potatoes
 Cole Slaw Salad
 Fruit & Yogurt

15
 Sliced Ham
 w/ Pineapple Glaze
 Mashed Sweet Potatoes
 Green Beans
 HM Rye Bread
 Apple Sauce Bars

16
THANKSGIVING MEAL
 Turkey & Dressing
 Mashed Potatoes & Gravy
 Scalloped Corn
 Cranberry Salad
 Dinner Roll
 Pumpkin dessert

19
 Breaded Chicken Sandwich
 On a Homemade Bun
 Lettuce & Mayo
 Creamed Potatoes
 Butter Peas
 Tapioca Fruit Salad

20
 Meat Loaf
 Mashed Potatoes & Gravy
 Creamed Corn
 Dinner Roll
 Mixed Fruit & Cherry Jello

21
 Spaghetti w/ Meat Sauce
 Lettuce Salad
 Asst. Veggies
 Garlic Bread
 Peaches

22) HAPPY THANKSGIVING



23) CENTER CLOSED IN OBSERVANCE OF THANKSGIVING HOLIDAY



26
 Hamburger Vegetable Soup
 Crackers
 Lime Pear & Cottage
 Cheese Salad
 HM Blueberry Muffin
 Cranberry or Grape Juice

27
 Ham Balls
 Stewed Tomatoes
 Baked Potato
 Dinner Roll
 Applesauce Raspberry Jello

28
 Turkey Tetrazzini
 Italian Peas
 Pumpkin Muffin
 Cherry Cheese cake dessert

29
 Fish Sandwich
 Home Made Bun
 Tarter & Lettuce
 Au gratin Potatoes
 Baked Calico Beans
 Strawberries & Banana's

30
 Liver & Onions
 (Sub—Hamburger Patty)
 Mashed Potatoes & Gravy
 Dilled Carrots & WW Roll
 Mandarin Oranges



November Activities 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>May We Make Them Proud</p> 	<p>Bring Carol your Veteran's Photos to share on Veteran's Day 10/12 & join us for dinner</p>		<p>1 Morning Walking Quilting 11:45 Meet the Candidate Pat Melena Pitch Afternoon Bridge Club</p>	<p>2 9:15 FROG Exercises Walking, Quilting 11:45 Meet the Candidate Jane O'Leary Caregiver Special Luncheon Pool, Bingo, Pitch, Hand & Foot 1-3:30 Caregiver Open House</p>
<p>5 9:15 FROG Exercises Morning Walking & Quilting 9:15 Toe Clinic w/Rachael 11:45 Visit from Jill Brodersen Running for Council Welcome Acme Club Pitch, Hand & Foot</p>	<p>6 Morning Walking Quilting 9-3:30 Medicare D Open Enrollment S.H.I.P. (Call for a time slot) Careage Luncheon Drawing Pitch, Afternoon Bridge Club</p>	<p>7 Morning Walking & Frogs Quilting 11:30 Susan Boust-Piano Birthday Celebration Herman Chiropractic Meet & Greet for dinner Hand & Foot, Pitch, Pool</p>	<p>8 Morning Walking Quilting 11:30 Spotlight on Promise Pitch Afternoon Bridge Club</p>	<p>9 9:15 FROG Exercises, Walking Quilting Kathrine w/Wayne EyeCare 11:00 to Noon Century Club Drawing By Brookdale Bingo, Pitch, Hand & Foot</p>
<p>12 9:15 FROG Exercises Walking Quilting 11:15 Veteran's Day Program Welcome Minerva Club Hand & Foot, Pitch, Pool</p>	<p>13 Morning Walking Quilting 9am Love my Nails by Shelly Pitch Afternoon Bridge Club</p>	<p>14 9:15 FROG Exercises, Walking Quilting 11:45 Legal Aide w/Lori Lee Pitch Hand & Foot</p>	<p>15 Morning Walking Quilting Dinner music-Connie Webber Pitch Afternoon Bridge Club</p>	<p>16 9:15 FROG Exercises, Walking Quilting & Pool Music by Bob Litz @ 11:15 Noon Thanksgiving Meal Pitch Hand & Foot Bingo</p> 
<p>19 9:15 FROG Exercises Walking, Quilting 11:45 Nutrition Visit w/Ann Fenton Welcome Acme Club Pitch, Hand & Foot, Pool</p>	<p>20 Morning Walking Quilting Welcome Duo Club Careage Luncheon Drawing Pitch Afternoon Bridge Club</p>	<p>21 9:15 FROG Exercises Walking Quilting 9:30 to Noon Health Clinic 12:30 Board Meeting Pitch Hand & Foot</p>	<p>22- Closed-No van or meals</p> 	<p>23 Closed-No van or meals</p> 
<p>26 9:15 FROG Exercises Walking Quilting Welcome Minerva Club Pool Hand & Foot Pitch</p>	<p>27 Morning Walking Quilting 10:00—Caregiver Support Group Meeting 11:30 Deb Dickey-Piano Pitch Afternoon Bridge Club</p>	<p>28 9:15 FROG Exercises Walking Quilting Shopko Pneumonia Shots 11:00 to noon Call center to reserve shot Hand & Foot—Pitch 12:15 Brookdale Day</p>	<p>29 Morning Walking Quilting Dinner music-Connie Webber Pitch Afternoon Bridge Club</p>	<p>30 9:15 FROG Exercises, Walking Quilting Providence Bingo Certificates Pitch Hand & Foot Pool Bingo</p>