

# FEBRUARY 2019 ACTIVITIES

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1 Morning Walking & FROG'S Quilting - BINGO @ 1:00 11-noon: Spinal Clinic Fine Dining Friday @ Noon Hand & Foot - Pitch - Pool
4 Morning Walking Quilting & FROG'S Hand & Foot Pitch Pool	5 Morning Walking Quilting Afternoon Bridge Club Pitch	6 Morning Walking Quilting & FROG'S Wakefield Card Group Monthly Birthday Party 11:30 Music by Connie Hand & Foot Pitch & Pool	7 Morning Walking Quilting 11 to Noon Eye Glass Clinic w/ Susan 11:30 Dinner Time Music Afternoon Bridge Club Pitch	8 Morning Walking Quilting & FROG'S Century Club movie Drawing @ Noon Bingo @ 1:00 Hand & Foot - Pitch Pool
11 Morning Walking Quilting & FROG'S Toe Nail Clinic @ 9:15 Hand & Foot Pitch Pool	12 Morning Walking Quilting 11:30 Music by Deb Afternoon Bridge Club Pitch	13 Morning Walking Quilting & FROG'S Noon - Special Luncheon Drawing by Brookdale Hand & Foot Pitch & Pool	14 Morning Walking Quilting & Pitch @ 1:00 11:30 - Love Songs by Rich Franchini w/ Valentine Dinner @ Noon Afternoon Bridge Club	15 Morning Walking Quilting & FROG'S Bingo @ 1:00 Hand & Foot Pitch Pool
18 Morning Walking Quilting & FROG'S President's Day Trivia Hand & Foot Pitch Pool	19 Morning Walking Quilting Special Luncheon Drawing by Brookdale @ Noon Hand & Foot Pitch & Pool	20 Morning Walking Quilting & FROG'S 9:30 to Noon - Health Clinic 12:30 Board Meeting Hand & Foot Pitch & Pool	21 Morning Walking Quilting 11:30 Dinner Time Music Afternoon Bridge Club Pitch	22 Morning Walking Quilting & FROG'S Providence Bingo Drawing Bingo @ 1:00 Hand & Foot - Pitch Pool
25 Morning Walking Quilting & FROG'S 11:45 Nutrition Visit Hand & Foot Pitch & Pool	26 Morning Walking & Quilting 10:00 Care Givers Support Group Hand & Foot Pitch & Pool	27 Morning Walking Quilting & FROG'S 12:15 Brookdale Fun Hand & Foot Pitch & Pool	28 Morning Walking Quilting & Pitch 11:30 Spotlight on Promise w/ WSC Afternoon Bridge Club	Join us for Coffee time every day @ 2:20 pm Bring your favorite snack to share - sign up on our Snack Calendar

# FEBRUARY 2019 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Enjoy Homemade Breads Baked Fresh Daily 2% Milk Coffee and Water Served Daily</p>			<p>1 Meatballs w/ Mushroom Gravy Au Gratin Potatoes Green Bean Casserole Pumpkin Muffin Raspberry Applesauce Jello</p>
<p>4 Goulash Lettuce Salad Assorted Veggies Garlic Bread Stick Apple Crisp</p>	<p>5 Oven Baked Chicken Hindquarter Mashed Potatoes w/ Gravy Creamed Corn Dinner Roll Peaches</p>	<p>6 Potato Soup w/ chopped Ham Celery w/ Peanut Butter Sliced White Bread Strawberry Shortcake</p>	<p>7 Salisbury Steak Scalloped Potatoes Green Beans w/ Bacon HM Biscuit Pears</p>	<p>8 Breaded Pollack Baked Potato Creamed Peas and Carrots WW Bread Mixed Fruit</p>
<p>11 BBQ Meatballs Scalloped Potatoes Butter Beets WW Dinner Roll Fruit Cobbler</p>	<p>12 Roast Beef Mashed Potatoes w/ Gravy Corn Dinner Roll Strawberries and Bananas</p>	<p>13 Pork Tenderloin On a Bun Au Gratin Potatoes Cole Slaw Salad Frozen Fruit w/ Yogurt</p>	<p><b>Valentine 14 Party</b> Turkey Cutlet w/ Apricot Glaze Baked Potato &amp; Roll Romance in a Bowl Salad Cherry Cheese Cake</p>	<p>15 Spaghetti w/ Meat Sauce Lettuce Salad Assorted Veggies Garlic Bread Peaches</p>
<p>18 Sliced Ham w/ Pineapple Glaze Mashed Sweet Potatoes Green Beans w/ Almonds Rye Bread Applesauce Bars</p>	<p>19 Hamburger Vegetable Soup Blueberry Muffin Lime Jello w/ Cottage Cheese and Pears Cranberry or Apple Juice</p>	<p>20 Meat Loaf Mashed Potatoes w/ Gravy Creamed Corn Dinner Roll Mandarin oranges</p>	<p>21 Breaded Chicken Sandwich Mayo and Lettuce Creamed Potatoes Buttered Peas Tapioca Fruit Salad</p>	<p>22 Brunch for Lunch Sausage Gravy Over HM Biscuit Hash brown Egg Bake Fruit Cup Orange or Tomato Juice</p>
<p>25 Sliced Pork Roast Mashed Potatoes w/ Gravy Sauerkraut &amp; Green Beans Rye Bread Hidden Lime Jello Salad</p>	<p>26 Turkey Tetrazzini Italian Peas HM Biscuit Fresh Grapes Oatmeal Craisin Cookie</p>	<p>27 Ham Balls Stewed Tomatoes Baked Potato WW Dinner Roll Strawberries and Bananas</p>	<p>28 Fish Sandwich Tarter Sauce / Lettuce Leaf Creamed Mixed Veggies Au Gratin Potatoes Fruit Pie</p>	