



# The Senior Star



410 N. Pearl Street

A Monthly publication for the Wayne Senior Center

July, 2021

## GREETINGS EVERYONE!

We are finally back to our Normal : if we can ever call it Normal Again (: The center is open full time from 7:00 am to 4:00 pm Monday through Friday. Look through our July Newsletter and Monthly Activities for our Many Activities and Special Events happening the Month of July. Our most recent update from NENAAA is that we can for now continue with Drive Through meals. As in past months, Our Meals on Wheels go out with our Wonderful Volunteers at 11:00 am. Our Drive through meals can be picked up on the West Side of the Center between 11:15 and 11:30 am. Our In-House Congregate meals are served at 11:45 am. Please call the day before by Noon for your meal reservation and specify if you will be dining in or driving through. As you can see—our Dine In/Congregate patrons will enjoy many wonderful Activities and special music while socializing with all of our Senior Friends and Neighbors. So we encourage you to come in and join us for a meal. Please notice, since the 4th of July falls on a Sunday this year - the center, transit and city offices will be closed Monday, July 5th in observance of the 4th of July Holiday!

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## Special Announcement about July 6th

We are having brunch for lunch on Tuesday, July 6th. The congregat meal will be served between 11:00am and 12:00pm. It will be All-You-Can-Eat-Pancakes! Because pancakes are best fresh and do not package well, there will be **NO Drive Thru** on this day. All Meals on Wheels participants will be receiving Coffee Cake instead of pancakes. All are welcome to join us in-house for this delicious meal. Please call to make your reservations today!

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## Where are Newsletters Available?

We will no longer be sending out the monthly newsletter in the mail to participants. All Meals on Wheels participants who are receiving meals will get a newsletter sent with one of their meals when they are published. All who Dine In-House or use the Drive Thru service can pick up a newsletter at the Senior Center. If you would like a newsletter when you come through the Drive Thru, just ask and one can be brought out with your meal! Newsletters are also made available online at the City of Wayne Website and on the Wayne Nebraska Senior Center's Facebook page each month. Thank you for understanding this change. Now that we are open to the public, it is much more efficient to let everyone take a newsletter as they please instead of mailing them out individually.

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A Big THANK YOU to all of our MOW and Kitchen Volunteers!! Without you, we could not do what we do. Thank you for being flexible this past month as we have gotten back into the swing of things!

## What's Happening in July

### Friday- July 2

Pre-Fourth of July Party with music by Dan Hansen

### Monday- July 5

Closed for the Fourth of July

### Tuesday-July 6

11 to Noon -Brunch for lunch

No Drive Thru Today

### Wednesday- July 7

Music by Bob Doughty

Monthly Birthday Party

### Thursday- July 8

11:15 to 11:45- Eye Glass Clinic

### Friday- July 9

11:30- Nutrition Visit with Ann

### Monday- July 12

9:15 to 11:15 Toe Nail Clinic

Call for a time slot

### Tuesday- July 13

9:30 to 11:30 -Health Clinic with Rhonda & Connie

### Wednesday- July 14

9:00 Board Meeting

Music by Bob Doughty

### Thursday- July 15

11:45- Special Luncheon Drawing from CountryView

### Friday-July 16

Music by Val Koeber

### Wednesday- July 21

Birthday Treat from Janis Myers for in-house Congregate Meals

Music by Bob Doughty

2:30- Hotdog snack for National Hot Dog Day

### Friday- July 23

Fine Dining Friday

Special Luncheon Drawing with Kinship

Music by Susan Boust

2:30- Ice cream cone snack for Ice Cream

Cone's Birthday

### Tuesday- July 27

10:00- Caregiver Support Group

### Wednesday- July 28

Special Luncheon Drawing from

CountryView

Music by Bob Doughty

### Friday- July 30

Music by Deb Dickey

Lemon Meringue Pie To-Go for Liska's Anniversary



## Independence Day

In the steeple of the statehouse of an eastern city, a great bell rang out one day in 1776, summoning people to meet in the town square. The townspeople began to gather in the statehouse yard where a man stood on a platform waiting to read a proclamation to the crowd.

The date was July 8, 1776. The city was Philadelphia (the United States' capital at the time). The meeting place is now called Independence Square, and the bell was the famous Liberty Bell.

The most important American national holiday commemorates the birthday of the United States. It is celebrated on July 4 each year in states and possessions of the United States. On July 2, 1776, the Continental Congress declared the American Colonies free and independent from England. But it took the delegates two days to agree on a formal document written by Thomas Jefferson announcing their action. On July 4, the Congress adopted the Declaration of Independence. However, it was not signed on this day. Only Continental Congress President John Hancock and Secretary Charles Thompson signed the rough draft that day. The 55 other delegates had to wait almost a month for the final document to be carefully engrossed on parchment which they then signed on August 2nd.

### What are Your Fourth of July Traditions?

- Firework Displays
- Backyard BBQ parties
- Decorations involving the flag
- Wearing red, white, and blue
- Parades



### Blueberry Crisp

- \* 3 cups fresh blueberries
- \* 1/2 cup white grape juice
- \* 1/2 tsp. ground allspice
- \* Non-stick cooking spray
- \* 1/3 cup quick-cooking oats, uncooked
- \* 1/4 cup whole wheat flour
- \* 2 Tbsp. brown sugar
- \* 1/2 tsp. baking powder
- \* 1/8 tsp. ground nutmeg
- \* 3 Tbsp. butter, softened



*Yum*

- 1) Combine the blueberries, juice, and allspice in a medium-size saucepan. Bring to a boil, reduce the heat, and simmer 2 minutes, stirring occasionally
- 2) Pour the mixture into an 8-inch square baking dish coated with cooking spray
- 3) Combine the oats, flour, brown sugar, baking powder, and nutmeg in a small bowl. Cut in the butter until the mixture is crumbly
- 4) Sprinkle the topping over the blueberry mixture
- 5) Bake at 350° for 25 to 30 minutes. Serve warm

YIELD: 6 servings

## Riddles



Can you crack these riddles? Find the answers on the following page.

- 1) What gets wet while drying?
- 2) What has four legs, a head, and leaves?
- 3) What goes up but never comes down?
- 4) What invention lets you look right through a wall?
- 5) Where does today come before yesterday?
- 6) What is a drink that is spelled the same forward and backward?
- 7) What is something that is full of holes but still holds water?
- 8) What word written in all capital letters is the same forward, backward, and upside down?
- 9) I have eyes but cannot see, skin but not a face. What am I?
- 10) What runs all day but never walks, often murmurs, never talks, has a bed yet never sleeps, has a mouth yet never eats?
- 11) I have branches but no fruit, trunk, or leaves. What am I?
- 12) What word gets smaller when you add two letters?



### The 41st Annual Chickens Days presents: Wayne America's Chicken Vacation!

2021 Chicken Days is taking place July 9th-11th this year. Festivities begin on Friday the 9th with a Chamber coffee at 10:00am followed by sidewalk markets and food vendors on Main Street. Finish the night by watching the Fireworks Show! Saturday morning begins with the 5K Chicken run, Omelet Feed, and the Chicken Parade down Main Street followed by activities in the park.

### DON'T MISS YOUR CHANCE TO WIN!

If you are a Congregate Meal Participant on July 9th, you will be eligible to win one of two FREE CHICKEN DINNERS at Quality Foods



### The 97th Wayne County Fair is July 22nd-25th

The county fair begins on Thursday and continues through Sunday. Events include a Rodeo on Thursday, a Tractor Pull on Friday, a Josh Turner Concert on Saturday, and a Demolition Derby on Sunday.





# JULY 2021 ACTIVITIES



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**BINGO on Friday's ???**

*Looking for a caller*

Let Diane or Halie

Know if you are interested

Coffee Time Daily  
7:00 am & 2:30 pm



Daily  
Puzzles & Quilting



Morning Walking  
Quilting  
Afternoon Bridge Club  
Pitch

**Pre-4th of 2 July Party**

Morning Walking

Quilting & FROGS

Music by Dan @ 11:15

Hand & Foot/Pitch & Pool

(See Newsletter for Details)

**Center Closed 5 No Transit**

**No Meals**



**CLOSED**

**6**

Morning Walking

Quilting

11:00 to Noon: Brunch for

Lunch (**No Drive Thru Today**)

Afternoon Bridge Club/Pitch

**Monthly B. Day 7 Party**

Morning Walking

Quilting & FROGS

10:45—Music by

Bob Doughty

Hand & Foot /Pitch & Pool

**8**

Morning Walking

Quilting

Eye Glass Clinic

11:15 to 11:45—Magnuson

Afternoon Bridge Club  
Pitch

**Chicken Days 9 Begins**

Morning Walking

Quilting & FROGS

11:30: Nutrition Visit w/ Ann

Fun Drawing @ Center

Hand & Foot/Pitch & Pool

**12**

Morning Walking

Quilting & Frogs

9:15 to 11:15 am: Toe Nail Clinic

(Call for a time slot)

Hand & Foot/ Pitch & Pool

**13**

Morning Walking

Quilting

9:30 to 11:30: Health Clinic

Afternoon Bridge Club

Pitch

**14**

Morning Walking

Quilting & FROGS

9:00 am: Board Meeting

10:45—Music by Bob

Hand & Foot/Pitch & Pool

**15**

Morning Walking

Quilting & Pitch

11:45—Special Luncheon

Drawing from Countryview

Afternoon Bridge Club

**16**

Morning Walking

Quilting & FROGS

Music by Val Koeber

Hand & Foot

Pitch & Pool

**19**

Morning Walking

Quilting

FROGS

Hand & Foot

Pitch

Pool

**20**

Morning Walking

Quilting

Afternoon Bridge Club

**National Hot 21 Dog Day**

Morning Walking

Quilting & FROGS

10:45—Music by Bob

B. Day Treat from Janis Meyers

For In-House Congregate Meals

Hand & Foot/Pitch & Pool

2:30 Snack: Hot Dog

**22**

Morning Walking

Quilting

Afternoon Bridge Club

Pitch

**Ice Cream Cone 23 B. Day**

Morning Walking

Quilting & FROGS

Fine Dining Friday & Special

Luncheon Drawing w/ Kinship

Music by Susan Boust

Hand & Foot/ Pitch & Pool

2:30 Snack: Ice Cream Cone

**26**

Morning Walking

Quilting & FROGS

Hand & Foot

Pitch & Pool

**27**

Morning Walking

Quilting

10:00 am Care Giver

Support Group

Afternoon Bridge & Pitch

**28**

Morning Walking

Quilting & FROGS

10:45—Music by Bob

Hand & Foot/Pitch & Pool

Special Luncheon Drawing

From Countryview

**29**

Morning Walking

Quilting

Afternoon Bridge Club

Pitch

**Happy Ann. 30 Liska's**

Morning Walking

Quilting & FROGS

Music by Deb Dickey

**Anniversary Treat: Liska's**

Hand & Foot/ Pitch & Pool

**Wayne Senior Center at Wayne, Nebraska --  
Monthly Business Meeting  
June 9, 2021**

The monthly meeting of the Wayne Senior Center was held with President George Burcum calling the meeting to order. (9:00 a.m.) Present: Senior Center Coordinator: Diane Bertrand, President: George Burcum Vice President: Carol Dunning, Secretary: Verna Mae Baier, and Board Member: Francisco Morales. Absent: Treasurer, Joan Lage.

The May minutes were approved in a motion by Carol Dunning and seconded by Francisco Morales. Motion carried. Coordinator Bertrand presented the Treasurer's report for 5-10-21 through 6-9-21 with \$111.82 in expenses. This amount of expenses was approved in a motion by Verna Mae Baier and seconded by Francisco Morales. Motion carried and this financial report was accepted.

Coordinator Bertrand presented an **update on opening**. The hours are 7:00 a.m. to 4:00 p.m. with all activities going. There will be entertainment as presenters are available. The piano will be tuned sometime in June. The last correspondence from NENAAA: "In my rush to get you the updated information, I forgot to tell you that Drive-Thru meals can continue as eligible meals at this time. The federal government will make the decision about the Drive-Thru, so you can provide congregate, home-delivered and/or drive thru meals. Thanks, everyone." From Connie Cooper, Executive Director. When calling in for meal reservations, please be certain to designate Drive-thru or Dine In. Drive-Thru meals will continue until further notice.

**Update on Activities:** Coordinator Bertrand was able to get the word out with a KTCH Radio Broadcast. This provided information on the hours, meals and activities. The same information was available in the Wayne Herald. During June activities will be : cards, pool, quilting, and FROGs. During July afternoon snacks will resume. Center Hours will remain: 7:00a.m. to 4:00 p.m.

July 1 is the beginning of FY22 for both NENAAA and City Transit. An overview of final FY22 contracts was approved by Board Members in attendance. These contracts were overviewed and signed: (1) III B Supportive Services Contract (2) III C Nutrition Contract and (3) III E Family Caregiver Support Contract. An overview was heard on FY21 Compliance Review.

PATCH Grant has been received.

The City Transit Mask Mandate is required by the Federal Government. This will continue until September. Managers Workshop will be July 20-21 in Lincoln.

Volunteers are still needed in the Center Kitchen and for MOWs. The Quilters and pool players are looking for more participants. Staff vacation times were announced.

No additional concerns were presented.

Carol Dunning made a motion to adjourn the meeting. Seconded by Francisco Morales. Motion carried and meeting was adjourned. (10:00 a.m.)

Verna Mae Baier, Secretary

## **CELEBRATING WITH FIREWORKS? HOW TO KEEP ELDERLY SAFE AT HOME?**

You must have come across many articles, which talk about fireworks safety for children and pets. But, what about if you have aged members in your house, how do you keep them safe? You may not realize but senior citizens, especially those above 70 years, may be susceptible to health issues, which can arise from firecrackers when these are not utilized in the right way, or the aged folks are not attended to when you are busy enjoying the fireworks display.

Here are some tips on best firecrackers to purchase for aged people from firework stores and safety tips for them.

### **1. Monitor the Elders**

As much as you are excited about igniting firecrackers, your grandparents or parents might be interested in the same. They may become fussy about certain firecrackers, but you need to be careful, especially when an ultra-modern product is being used, which they are not acquainted with. It would be wise to show them how to utilize these products before they handle it themselves.

You can also make them a part of the shopping spree, when you visit a fireworks store and let them enjoy this experience. If your elders face health issues or disability, make sure you accompany them during lighting firecrackers.

### **2. Make it a Fun Activity of Togetherness**

Probably the aged person at home cannot light the firecracker, do you avoid them completely? No, you can include them along and at least have them witness a professional or home-done firecracker display. They can also use the hand-held firecrackers or the ones that are not too explosive, and easy to deal with. Put on some music and make the surroundings a happy one, enjoy the day at the fullest with your folks.

### **3. Firecrackers that Suit Elderly**

Depending on the health of the aged-relative or person, you can choose the firecracker for them. If they are fit and have no breathing or mobility issues, they can take part in fireworks lighting as much as you are part of it. You can ask around in fireworks stores about suitable firecrackers for elderly. For cardiac patients, it is advisable to bear distance from areas that are known to display explosive firecrackers as sudden noise can destabilize such people.

### **4. The Right time of Fireworks Display**

Mostly, fireworks display take place in the night, when everyone can witness the brightened sky streaming with various firecrackers, their sparkles, colors and shapes. However, if you have an elderly at home, you need to be sure that the timing you choose for the activity does not disrupt their routine, especially if it is bedtime. Or you can discuss and make them aware about the plans for the day to make any adjustments accordingly.

If you are not sure how to deal with elderly at home during celebrations that involve firecrackers, there is no need to worry. When purchasing from fireworks stores, you can have a chat about safety tips with the showroom owner or go through safety measure guides online to know what the best is.

# 4TH OF JULY WORD SCRAMBLE

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1. ICTNBROEELA \_\_\_\_\_
2. TSSRA \_\_\_\_\_
3. HFROUT \_\_\_\_\_
4. CEDNEPNEIDEN \_\_\_\_\_
5. GFAL \_\_\_\_\_
6. DITARIONT \_\_\_\_\_
7. SAAICLVNR \_\_\_\_\_
8. YUJL \_\_\_\_\_
9. PINCIC \_\_\_\_\_
10. ISENCOLO \_\_\_\_\_
11. FSFERJENO \_\_\_\_\_
12. IROYTSH \_\_\_\_\_
13. BLLES \_\_\_\_\_
14. LCDOAETIANR \_\_\_\_\_
15. EAAMNICR \_\_\_\_\_
16. AARPDE \_\_\_\_\_
17. RSMEUM \_\_\_\_\_
18. PUDOR \_\_\_\_\_
19. AIRCTTIOP \_\_\_\_\_
20. ERKSFOIRW \_\_\_\_\_

# Olympic Word Search

E Q U E S T R I A N W A T E R P O L O P K P D R  
J U B T I B Q B D N F O O T B A L L Q O C T I C  
C O O W O G Y M N A S T I C S M W L L M U R V D  
Y H J R U T T H N U O H W A O R E U G E S A I U  
C A M E J A R B A G O L F N A O I M W I Y M N O  
L N D S U B I O J H C E P O T W G G E B N P G M  
I D S T D L A W K C Y Y A E H I H T I E C O N A  
N B K L O E T B Z A C R R S L N T B D A H L G R  
G A I I D T H O V N L A A L E G L A B C R I H A  
M L O N W E L X O O I T L A T J I S D H O N S T  
O L W G R N O I L E N H Y L I M F K C V N E R H  
U B F O P N N N L S G L M O C S T E Y O I S A O  
N A I L S I O G E P B E P M S J I T C L S A I N  
T D E Y H S X D Y R M T I W M L N B L L E R T S  
A M L M O V D U B I X E C O C I G A I E D C B W  
I I D P O Q R P A N Y S S T S I S L N Y S H S I  
N N H I T H B P L T T E N N I S O L G B W E A M  
B T O C I E T A L P E X A E J T K S T A I R I M  
I O C S N S T A E K W O N D O W W C R L M Y L I  
K N K B G C Y C L I N G R O A D G P A L M H I N  
E R E F E N C I N G U W X H H X S L C E I I N G  
R H Y T H M I C G Y M N A S T I C S K S N O G P  
O E P Y R U G B Y S E V E N S A K P T D G W R E  
M O D E R N P E N T A T H L O N S W I M M I N G

Wrestling    Weightlifting    Water Polo    Volleyball    Triathlon    Trampoline  
Tennis    Taekwondo    Table Tennis    Synchronised Swimming    Swimming  
Shooting    Sailing    Rugby Sevens    Rowing    Rhythmic Gymnastics  
Modern Pentathlon    Marathon Swimming    Judo    Handball    Gymnastics  
Golf    Football    Field Hockey    Fencing    Equestrian    Diving    Cycling Track  
Cycling Road    Cycling Mountain Bike    Cycling BMX    Canoe Sprint  
Canoe Slalom    Boxing    Beach Volleyball    Basketball    Badminton  
Athletics    Archery    Athletes    Paralympics    Olympics



## PLEASE NOTICE

**Monday— July 5th**

The center ***will not*** be preparing Meals on Wheels, Congregate, or Drive through Meals  
***Staff and City Transit will not be available on Monday— July 5th in observance of Independence Day.***



## Summer Olympics



The Tokyo Summer Olympics are taking place July 23—August 8 in Japan. These Olympic games are still referred to as Tokyo 2020.

### History

The Olympic Games have been bringing the world together in competition for 1,300 years. Historical records prove that the first Olympic Games occurred in 776 BC and then continued for about 1,200 years, followed by a gap of 1,500 years starting in 393 AD. Roman Emperor Theodosius I, a Christian, banned the games because of their pagan influences; however, in 1894, the persistence of a Frenchman named Pierre de Coubertin paid off. He met with 79 delegates from nine countries who voted unanimously for the Olympic Games to be held in 1896. And so, the modern Games began.

### Traditions

-The Olympic Flame, representing purity and the endeavor for perfection, was one of the few traditions taken from the Ancient Olympic Games. In Olympia, Greece, a flame was lit at the beginning of the games and kept burning until their closing.

-The Olympic Flag was created by de Coubertin in 1914 and displays five interconnected rings on a white background. They symbolize the five major continents and are made with colors that are found in every nation's flag at least once. They are interconnected to represent friendship.

-The Olympic Torch Relay didn't begin until 1936. This Olympics' relay began on March 25, 2021 and traversed Japan and its most famous and cherished sights while visiting 858 local municipalities on its way.

### New Olympic Events

There are some new and returning sports added to the Olympic Games in Tokyo with a total of 339 events in 33 sports, so there will be a lot to keep your eyes on!

Karate— Martial arts has deep roots in Japan and China, so it is natural to bring it back in Tokyo

Skateboarding— Following years of success in the X-Games, it is now a legitimate sport

Surfing— This is the first time Olympic athletes will be depending on the forces of nature to compete

Sport Climbing— Competitors attach themselves to fixed anchors in the rocks with ropes and use their rock climbing skills

Baseball and Softball— Both are returning after being in the 2008 Games

## Answers to Riddles

- |                   |  |
|-------------------|--|
| 1) A Towel        | 7) Sponge  |
| 2) Table          | 8) NOON  |
| 3) Your Age       | 9) Potato  |
| 4) A Window       | 10) River  |
| 5) The Dictionary | 11) A Bank   |
| 6) Pop            | 12) Short (add <u>er</u> , it becomes <u>shorter</u> ) |



## Our Musicians



We give a big THANK YOU to our talented musicians who are performing this month! Come see performances by Dan Hansen on July 2nd, Val Koeber on July 16th, Susan Boust on July 23, Deb Dickey on July 30, and Bob Doughty every Wednesday!



## Notes about Special Meals

**July 2nd— Fourth of July Party**—Eat dinner in house for Fourth of July “extras” during our lunch party!

**July 6th— Brunch for Lunch**—There will be NO DRIVE THRU this day. In-house meals served from 11-12 All-You-Can-Eat-Pancakes! MOW will be receiving coffee cake in place of pancakes.

**July 7th— Monthly Birthday Party**—Enjoy cake at the birthday party when you receive an in-house, congregated meal

**July 23rd— Fine Dining Friday**—Let us serve you! In-house meals will be served by our friends from Kinship



## Toe Nail Clinic Info

**July 12th from 9:15-11:15am** Rachel Judd will be conducting a Toe nail Clinic. Please call the Senior Center for a time slot and further details.

Limited time slots available.



## More Clinics

**July 8th— From 11:15-11:45** Magnuson Hopkins Eye Care will be hosting an Eye Glass Clinic.

Come and get your glasses adjusted.

**July 9th—** Ann Fenton will be having a Nutrition Visit at 11:30

**July 13th— From 9:30-11:30** Rhonda and Connie are hosting a Health Clinic



## Special Snack Days

**July 21st—** We are celebrating National Hotdog Day with a Hotdog Snack!

**July 23rd—** Celebrate the Birthday of the Ice Cream Cone by eating one for our afternoon snack!

\*\*All snacks are at 2:30pm\*\*



## Caregiver Meeting

Calling all Caregivers for our monthly Caregiver Support Group at 10:00am on **Tuesday, July 27th!**

**Enjoy Special Luncheon Drawings from Kinship and CountryView on July 15th, July 23rd, and July 28th**

**OUR GENEROUS DONATIONS**

Roy Gramlich Minerva Club Janet Bull  
Jeannine Anderson Donna Lundin Rita Sperry  
Nicole Bigley Francisco Morales Jim & Janice Mitchell  
Debbie Dietrich Jay & Jane O'Leary Bridge Club  
Glennadine Barker Alvin Anderson Ginny Otte  
Marcella Larson Ardyce Stanley Carolyn Linster  
Bob & Marilyn Carhart Jacquelyn & Milton Owens  
Ron & Sandra Wriedt Darrel & Phyllis Rahn  
Bill & Jerry Sharpe Julie Grone Jim & Arlene Robinson  
Jim & Lynette Joslin Linda Teach  
Norma Backstrom's family  
Thank you Wayne Greenhouse for the flower arrangements

**In Search Of : BINGO CALLER**

**We would love to bring back Bingo on Fridays, but we have no one to call it. If you are interested, please call the Senior Center and let us know!!**

**The Wayne Public Transit**

*A COMMUNITY SERVICE FOR ALL*

Open for transportation—Monday through Friday  
8:00 am to 4:00 pm (Only)

We are an On-demand service with  
reservations . Call: 375-1460

Please schedule trips and appointments according to  
hours of operation—\$1.50 Fare for each stop

**COVID PROTOCOLS IN PLACE TO PROTECT  
BOTH THE DRIVERS AND PASSENGERS**

**IT IS STILL A FEDERAL MANDATE THAT  
MASKS ARE REQUIRED ON ALL PUBLIC  
TRANSIT. PLEASE WEAR A MASK!!**



**WHO'S WHO AT THE WAYNE SENIOR CENTER**

|                   |                                |
|-------------------|--------------------------------|
| Diane Bertrand    | Manager                        |
| Misty Brasch      | Assistant Manager/Head Kitchen |
| Frank Sheda       | Van Driver/Asst.               |
| Halie Chinn       | Dispatch/Asst.                 |
| Roger Hochstein   | Van Driver                     |
| Dan Carroll       | Van Driver                     |
| Denny Spangler    | Van Driver                     |
| Phil Does         | Van Driver                     |
| George Burcum     | President                      |
| Carol Dunning     | Vice President                 |
| Verna Mae Baier   | Secretary                      |
| Joan Lage         | Treasurer                      |
| Francisco Morales | Board Member                   |



Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, United Way, and your donations.

**Student Research Survey— Coming in August**  
My name is Halie Chinn, and I am currently working on my Honor's Project for my BS degree from Wayne State College. The title of my project is "Relationship of attitudes toward vaccination and cancer vaccine hesitancy in senior populations." Cancer is a prevalent disease in our world, and research for improving treatments has been ongoing for decades. The newest treatment being tested in clinical trials is a cancer vaccine. This is not a preventative vaccine, but it is used after being diagnosed with cancer. While this treatment is not available outside of clinical trials yet, it may be in the near future. My study is focused on whether people would be willing to receive a cancer vaccine in place of, or in addition to, chemotherapy for treatment. In a couple weeks, I will provide Informed Consent forms and surveys for any of you who would like to participate in this study. The survey should take less than 10 minutes to complete. If you are interested in participating, please contact the PI by phone at 402-369-6239, by email at hachin01@wsc.edu, or by visiting with her at the Wayne Senior Center. Please consider participating but know that it is not mandatory, and you can always decide to stop participating at any time. Thank you.



**Senior Center Staff Hours  
Available to take your calls**

**Monday – Friday  
7:00 am to 4:00 pm**

**Open to the Public from 7:00am-4:00pm  
for coffee and social activities**

**For Curb Side Delivery, Congregate Dining or  
Meals on Wheels Delivery—Please call by noon  
the day before!**

**Suggested Contribution remains:  
\$4.95 for 60 & up**

**Meals on Wheels delivery leaves the Center  
at 11:00 am. For Curb Side pickup meal  
reservations—Drive to the WEST Side of the  
building, between 11:15—11:30 am. Congre-  
gate dining begins at 11:45 am.**

**If you are unable to be out and about and would  
like a meal delivered directly to your home by our  
Great Volunteers—give us a call  
and Visit with Misty or Diane for Details!**



*A special thank you to United Way for  
funding the distribution of this newsletter.*