



# The Senior Star



410 N. Pearl Street

A Monthly publication for the Wayne Senior Center

September, 2021

September is here—and hopefully with it comes some cooler weather! It is hard to believe the Fall is already here. There are no changes at this time in how we are serving meals: We will continue to serve Drive Through meals from 11:15-11:30, Meals on Wheels will leave the Center at 11:00, and Congregate meals will be at 11:45.

Please be careful if you drive through the alley on the West side of the building! There are some landscaping rocks at the end of the alley and a few people have caused damage to their cars by turning too tightly and hitting them. If you think you might hit the rocks, which are on the North side, turn left at the corner to avoid any damages.



## Some announcements about Special Meals this month:



On the 7th, we are having a brunch for lunch. We will still have Drive Through and Meals on Wheels at the usual time, but all Congregate meals will be served between 11:00 and 12:00.



September 21st, we are serving Pie—provided in memory of Norma Backstrom. Pie Day was always her favorite day.

The 22nd is a We Serve Wednesday with Lexi from Kinship. This is similar to our Fine Dining Fridays, so we will serve you!

### PLEASE NOTICE:

BINGO will be on Thursday, September 2 at 1:00

We are closed for Labor Day on Monday, September 6th

We have special luncheon drawings on September 2nd, 10th, and 20th

There are many clinics for you to enjoy including: the Toe Nail clinic, the Health clinic, the Eye Glass clinic, and the Law clinic!



## What's Happening in September

### Wednesday—September 1

10:45 Music by Bob Doughty  
Monthly Birthday Party

### Thursday—September 2

Special Luncheon Drawing from CountryView  
1:00 BINGO, moved from Friday

### Monday—September 6

Closed for Labor Day

### Tuesday—September 7

Brunch for lunch: Congregate meal served from 11:00-12:00. Drive Through and MOW times remain the same

### Wednesday—September 8

9:00 Board Meeting

10:45 Music by Bob Doughty

### Thursday—September 9

11:15 Magnuson Eye Glass Clinic

### Friday—September 10

Century Club Movie Drawing at noon

### Monday—September 13

9:15-11:15 Toe Nail Clinic

### Tuesday—September 14

9:30-11:30 Health Clinic

### Wednesday—September 15

10:00-3:00 Law Clinic by NENAAA\*

10:45 Music by Bob Doughty

### Friday—September 17

Fine Dining Friday

11:15 Music by Val Koeber

### Monday—September 20

Special Luncheon Drawing by CountryView

### Wednesday—September 22

10:45 Music by Bob Doughty

We Serve Wednesday with Lexi from Kinship

### Friday—September 24

11:15 Music by Deb Dickey

### Wednesday—September 29

10:00 Caregivers Support Group

10:45 Music by Bob Doughty

\*\*\* Remember that the deadline for signing up for the Law Clinic with NENAAA is September 2nd. If you have not yet called them to set up an appointment and you are interested in this clinic, time is running out!\*\*\*

If you would like to donate or bring in snacks for snack time, please sign up on the snack calendar on the table by the lunch time sign-in sheet!



## Labor Day



Labor Day pays tribute to the contributions and achievements of American workers and is traditionally observed on the first Monday in September. It was created by the labor movement in the late 19th century and became a federal holiday in 1894. Labor Day weekend also symbolizes the end of the summer for many Americans, and is celebrated with parties, street parades and athletic events.

In the late 1800s, at the height of the Industrial Revolution in the United States, the average American worked 12-hour days and seven-day weeks in order to make a basic living. Despite restrictions in some states, children as young as 5 toiled in mills, factories, and mines across the country, earning a fraction of their adult counterparts' wages.

As manufacturing increasingly supplanted agriculture as the wellspring of American employment, labor unions, which had first appeared in the late 18th century, grew more prominent and vocal. They began organizing strikes and rallies to protest poor conditions and compel employers to renegotiate hours and pay.

Many of these events turned violent during this period, including the infamous Haymarket Riot of 1886. Others gave rise to longstanding traditions: On September 5, 1882, 10,000 workers took unpaid time off to march from City Hall to Union Square in New York City, holding the first Labor Day parade in U.S. history.

The idea of a workingman's holiday, celebrated on the first Monday in September, caught on in other industrial centers across the country, and many states passed legislation recognizing it. Congress would not legalize the holiday until 12 years later. In the wake of massive unrest, Congress passed an act making Labor Day a legal holiday in the District of Columbia and the territories.

Labor Day is still celebrated in cities across the United States with parades, picnics, barbecues, fireworks, and other public gatherings.

### All American Shortcake

#### Ingredients:

- 2 pounds of strawberries, halved
- 2 pounds of blueberries
- 1 angel food cake, torn into bite size pieces
- 1 tub of cool whip



#### Directions:

- In a glass bowl, layer angel food and fruit
- Place cool whip on top right before serving
- Keep in fridge until ready to serve



## Fall Trivia

Test your Fall knowledge and find the answers on the following page!

1. Historically, what was Fall called?
2. What causes the temperature changes in Fall?
3. Is Fall associated with the Earth's distance from the sun?
4. What causes the leaves to turn orange or red in the Fall?
5. Why don't evergreens change their color in the Fall?
6. What are the autumn months in the Southern hemisphere?
7. What was the use of pumpkins in the old days?
8. What is Fall's full moon called?
9. What is the birthstone for September?
10. What popular food is celebrated on the 13th of September?

### Remembering 9/11 after 20 years

On September 11, 2001, 19 militants associated with the Islamic extremist group al Qaeda hijacked four airplanes and carried out suicide attacks against targets in the United States. Two of the planes were flown in to the twin towers of the World Trade Center in New York City, a third plane hit the Pentagon just outside Washington, D.C., and the fourth plane crashed in a field in Shanksville, Pennsylvania. Almost 3,000 people were killed during the 9/11 terrorist attacks, which triggered major U.S. initiatives to combat terrorism.

On December 18, 2001, Congress approved naming September 11th Patriot Day to commemorate the anniversary of the 9/11 attacks. In 2009, Congress named September 11th a National Day of Service and Remembrance.

The first memorials to September 11th came in the immediate wake of the attacks, with candlelight vigils and flower tributes at U.S. embassies around the world. For the first anniversary of the attacks in New York City in 2002, two bright columns of light were shot up into the sky from where the Twin Towers once stood. The Tribute in Light then became an annual installation. On clear nights, the beams are visible from over 60 miles away.

At the World Trade Center Site memorial, "Reflecting Absence" sits outside the museum in an 8-acre park. It consists of two reflecting pools with waterfalls rushing down where the Twin Towers once rose into the sky. The site opened on the 10 year anniversary of 9/11.





# September Activities 2021



Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>September</b></p>	<p><b>DAILY COFFEE/SNACK TIME</b> 7:00—10:00 AM 2:30—3:00 PM</p> <p><b>MONDAY THROUGH FRIDAY</b> REMEMBER to sign coffee time sheet to help us take credit for Offering this fun time for all!</p>	<p><b>1</b></p> <p><b>Monthly Birthday Party</b> Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p> <p><b>10:45— Music by Bob Doughty</b> Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p><b>2</b></p> <p><b>Special Luncheon Drawing by Country View</b> Morning Walking Quilting &amp; Pitch Afternoon Bridge Club BINGO (NOTE change)</p>	<p><b>3</b></p> <p>Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p> <p><b>Bingo is on Thursday This week</b></p>
<p><b>6</b></p> <p><b>Closed for Labor Day</b></p>  <p><b>Happy Labor Day</b></p> <p>No Meals No Activities No Transit</p>	<p><b>7</b></p> <p><b>Brunch for Lunch 11-12</b> Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p><b>8</b></p> <p>Morning Walking 9:00— Board Meeting 10:45— Music by Bob Doughty Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p><b>9</b></p> <p>Morning Walking Quilting 11:15- Magnuson Eye Glass Clinic Afternoon Bridge Club Pitch</p>	<p><b>10</b></p> <p>Morning Walking Quilting &amp; FROGS Century Club Movie Day Drawing by Kinship @ Noon Hand &amp; Foot Pitch &amp; Pool &amp; BINGO</p>
<p><b>13</b></p> <p>Morning Walking 9:15 to 11:15—Toe Nail Clinic (Call for a Time) Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p><b>14</b></p> <p>Morning Walking Quilting 9:30-11:30 — Health Clinic Afternoon Bridge Club Pitch</p>	<p><b>15</b></p> <p>Morning Walking 10:00-3:00— Law Clinic (Call NENAAA for appointment) 10:45— Music by Bob Doughty Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p><b>16</b></p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p><b>17</b></p> <p><b>Fine Dining Friday</b> w/ Kyla of St. Croix Hospice Music @ 11:15 with Val Koeber Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool BINGO (w/ Guest Caller)</p>
<p><b>20</b></p> <p><b>Special Luncheon Drawing by CountryView</b> Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p><b>21</b></p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p><b>22</b></p> <p>Morning Walking 10:45— Music by Bob Doughty Welcome Autumn—We Serve Wednesday w/ Lexi from Kinship Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p><b>23</b></p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p><b>24</b></p> <p>Morning Walking Music by Deb Dickey Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool BINGO</p>
<p><b>27</b></p> <p>Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch Pool</p>	<p><b>28</b></p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p><b>29</b></p> <p>Morning Walking 10:00—Caregivers Support Group 10:45— Music by Bob Doughty Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p><b>30</b></p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	 <p><b>Welcome Autumn</b></p>

**Wayne Senior Center at Wayne, Nebraska --  
Monthly Business Meeting  
August 11, 2021**

The monthly meeting of the Wayne Senior Center was held with President George Burcum calling the meeting to order. (9:00 a.m.) Present: Senior Center Coordinator: Diane Bertrand, President: George Burcum Vice President: Carol Dunning, Secretary: Verna Mae Baier, Treasurer: Joan Lage and Board Member: Francisco Morales.

The July minutes were approved as printed in the August newsletter in a motion by Carol Dunning and seconded by Joan Lage. . Motion carried. Treasurer Joan Lage, presented financial information for 7-10-21 through 8-9-21 with expenses of \$0.00. This amount of expenses was approved in a motion by Francisco Morales and seconded by Verna Mae Baier. . Motion carried and this financial report was accepted.

Coordinator Bertrand presented an overview on the August 5 NENAAA Nutritional Audit. Cleanliness and temperature of food were impressive. The First Aid kit needs updating, thermometer in food storage room is needed and menus should not be switched. More information will be available at a later date.

Yearly Overview was presented on: (1) Constitution & Board Members Responsibilities and (2) Reporting Abuse & Neglect - Prayer Policy -- Emergency Meal Policy and Weather Closing Policy Everyone in attendance signed these policy acknowledgements.

Yearly overview was presented on: (1) Pandemic Influenza/Disaster Plan Policy Acknowledgment (2) Conflict of Interest Policy Acknowledgement (3) Drug Free Workplace Policy Acknowledgement (4) Whistleblower Policy Acknowledgement (5) Personnel Policy Acknowledgement (6) Background Check Policy Acknowledgement (7) Blood Borne Disease Policy Acknowledgement and (8) Senior Center & Handi-Van Refusal Policy Acknowledgement. Everyone in attendance signed these policy acknowledgements.

Additional necessary happenings to be completed during FY22: (1) Fire Drill, (2) Tornado Drill, (3) Safety Committee & Facility Walk Through and (4) Annual Drug Free in-service. Staff will complete the necessary forms and drug free in-service will be completed by both City Transit employees and Senior Center employees.

Coordinator Bertrand presented a review of Social Reimbursement and the financial importance of signatures for III-B Units such as: Information, Outreach, Nutritional Education, Social Activities, health clinics and material distribution. Bertrand attended a recent City Council meeting and the Senior Center budget was in order. The Wayne Senior Center is very grateful for the continued support of the City of Wayne.

A Law Clinic will be presented on Sept. 15 for assistance with Simple Will, Power of Attorney, Healthcare Power of Attorney and Living Will. Registration is required.

Annual Election: Francisco Morales made a motion to have the current officers retain their respective positions for the next year. Seconded by Joan Lage. Motion carried.

No additional concerns were presented. The meeting was adjourned at 9:45 a.m.

Verna Mae Baier, Secretary

# WAYS TO HELP THE ELDERLY AND VULNERABLE IN YOUR COMMUNITY

Different cultures have different attitudes towards the aging population and there are many ways to help the elderly and vulnerable in your local community. In Asian cultures for example, reverence and respect for the elderly are part and parcel of their way of life and many people care for the elderly. In the US for example, two-fifths of U.S. adults care for sick and elderly relatives. We are all going to get there one day and losing one's independence must be hard to contend with but there are things we can all do to help. Little things can sometimes make a big difference. It is not about patronizing people though, as there are some very active eighty-year-olds who could probably run rings around me! But it is about helping everyone in the community. Evidence shows that helping others can be as beneficial for the helper as it is for the recipient and can be incredibly rewarding. It can boost self-esteem and your sense of purpose, so it is great for everyone involved! Here are some simple ways to help the elderly in the community.

## **CUP OF TEA OR COFFEE**

This is simple but effective and one of the best ways to help the elderly. A cup of tea or coffee and a chat can be a great way to help. Sometimes people just value someone to speak to. Get to know the people in your community and seize the opportunity to start a conversation. We sometimes live in a climate of fear, in a world where people are so afraid to speak to one another for fear of them being a danger to ourselves or our community, and whilst it is good to be wary, it can also lead to people leading increasingly reclusive lives and becoming more insular as the years go by. Looking out for each other is a great way of building a community where everyone is looking out for each other and it sometimes starts with a cup of tea or coffee and a chat!

## **SHOPPING**

Another way to help the elderly in your local community is to do a shopping trip for them. It can sometimes be tricky for some elderly people to get out and about, especially if they are not mobile. If you can, take them out to the shop as getting out may be exactly what they need.

## **GARDEN CHORES**

Gardening is a wonderful hobby, but it is quite labor intensive and sometimes the elderly and infirm can find it a challenge to grapple with the trees and shrubs, which can become overgrown and wild in next to no time. Offering to tend to the flowers and shrubs can be a great way to help.

## **VOLUNTEER**

Perhaps you live near a community center or a rest home. Volunteering is a wonderful way to spend a few hours of your spare time. Perhaps you can spare a few hours a week or a month to help with activities. There may be many opportunities in your area to help, whether it be through one-to-one phone chat groups, driving and hosting tea afternoons or helping someone who lives alone.

## **PETS AS THERAPY**

We all know how therapeutic having a pet is and studies have shown that animals are a great means of helping the elderly, as well as those with disabilities and emotional needs. Maybe you could purchase a pet for an elderly relative to keep them company. Alternatively, you could see whether your dog could become a therapy dog. Therapy dogs have been used since Ancient Greece to help treat a range of emotional and physical ailments. If you are thinking about volunteering your dog as a therapy dog, you first need to find out whether your pooch has what it takes, as their behavior and temperament need to be assessed first. There are often reports in the news about people who have passed away without anyone knowing for weeks, months and sometimes sadly, years. Getting to know people in the community and helping others is one way of preventing people from feeling lonely and isolated.

Is there anyone involved in doing such things in their local community?

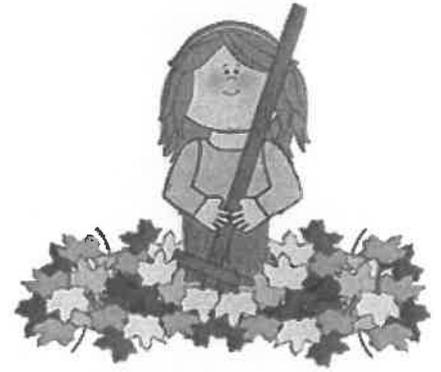
# Grandparents Day

Y D N A C K N O I T A C A V K X R  
M F S O J C U A A M M P J F R J E  
I O K I S S E S C O C A U K N A V  
M M A L W E J J O V H N Q A D S O  
I L O S A Z P E Z I F Q O M L T P  
M X B O M X S O A E A H O D I N E  
A H I Z E N P W P S H K C N H E E  
G P M Q M S P Z L P E Z O A C R L  
H G N I M M I W S E Y A O R D A S  
P C R E H U G S S G M I K G N P F  
E S T E E W S D A G W L I L A D A  
E S G D Y V N G N R K A E V R N P  
P L E Y L A O B A A R U S X G A L  
A S X M E J T L N N A G J C S R A  
W Z M D A E G H W D P H L A Z G Y  
S L I D E G M W H P Q T I C K L E  
D H T G Q Z G A P A P S Z A T J R

fun kisses hugs sweets swimming vacation grandchild  
hideandseek games movies slide park cookies candy  
sleepover grandma grandpa memaw peepaw mimi poppy  
pa ma tickle laugh play love papa nana Grandparents

# Autumn Word Scramble

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1. ANIRY \_\_\_\_\_
  2. GANREO \_\_\_\_\_
  3. SEEBMTRPE \_\_\_\_\_
  4. OCREBOT \_\_\_\_\_
  5. RLLCOUOF \_\_\_\_\_
  6. RCAON \_\_\_\_\_
  7. UTNMAU \_\_\_\_\_
  8. KTYAACSH \_\_\_\_\_
  9. OEBREVMN \_\_\_\_\_
  10. AEFL \_\_\_\_\_
  11. STAERV \_\_\_\_\_
  12. PERAS \_\_\_\_\_
  13. SOSEAN \_\_\_\_\_
  14. EAKDR \_\_\_\_\_
  15. SLQEIURR \_\_\_\_\_
  16. AHNNICGG \_\_\_\_\_
  17. QSUASH \_\_\_\_\_
  18. OWLELY \_\_\_\_\_
  19. CRNO \_\_\_\_\_
  20. PAELP \_\_\_\_\_
  21. ELALHONW \_\_\_\_\_
  22. UNPIPMK \_\_\_\_\_
  23. INGINHVSATKG \_\_\_\_\_
  24. UCENSHTST \_\_\_\_\_
-

## PLEASE NOTICE

**Monday— August 6th**

The center **will not** be preparing Meals on Wheels, Congregate, or Drive through Meals. City Transit will not be available. Staff will be enjoying Labor Day.

### Happy Grandparents' Day!

In 1969, nine-year-old Russell Capper sent President Nixon a letter suggesting that a day should be set aside in order to celebrate grandparents. On June 12, 1969, he received a letter back from Rose Mary Woods — personal secretary to the President — reading, "Dear Russell, Thank you for your letter to President Nixon. Your suggestions regarding a Grandparent's Day is appreciated, but the President ordinarily issues proclamations designating periods for special observance only when a Congressional resolution authorizes him to do so."

Following this letter, Marian McQuade was recognized nationally by the U.S. Senate and by President Jimmy Carter as the founder of National Grandparents Day. McQuade wanted to educate the youth about the importance of seniors and the contributions they have made throughout history.

In 1977, Senator Randolph, with the help of other Senators, introduced a joint resolution to the senate requesting the president to issue a proclamation designating the first Sunday of September after Labor Day of each year as National Grandparents' Day. It was signed on August 3rd, 1978, and the day was finally celebrated the following year.

### Grandparents' Day Trivia

**Test your knowledge from the past and ask your grandchildren for a laugh!**

1. On a rotary phone, which number takes the longest to dial?
2. What is a party line?
3. Gardner McKay played Captain Adam Troy on which TV show?

#### How well do you know the stats?

4. What is the average age of the U.S. grandparent?
5. How many American children live with a grandparent?
6. How many grandparents are in the workforce?
7. What percent of grandparents have a tattoo?
8. How many people in the U. S. are grandparents?
9. What is the official song of Grandparents' Day?
10. What is the official flower of Grandparents' Day?

**Find the answers on the next page!**



### Answers to fall trivia

**How many did you get correct?**

1. Harvest
2. The Earth's tilt
3. No, the tilt of the Earth is different
4. The amount of sugar in the leaves dictates the color. The redder the leaf, the more sugar that leaf is storing— this is why Maple trees are so vibrant
5. Because their leaves have a thick wax covering that protects the chlorophyll (green) in the leaves
6. March, April, May
7. To remove freckles and cure snake bites
8. The Harvest Moon, because in late summer and early autumn many crops would ripen all at once
9. Sapphire
10. Peanuts

The first day of Fall this year is September 22nd. As always, it is the day of the Fall Equinox, when the Sun crosses the equator, leaving the Northern Hemisphere with more darkness than daylight.

### Looking for a nice soup recipe for when the evenings become chilly? Try this Fall Harvest Soup!

#### Ingredients:

- 1 tbsp. of butter
- 2 onions, chopped
- 6 cups chicken broth
- 1/2 cup evaporated milk
- 1 large sweet potato, peeled and chopped
- 2 large carrots, peeled and chopped
- 1 apple, cored and chopped
- 1 pear, cored and chopped
- 1 cup chopped red bell pepper
- 1 15oz can pumpkin purée
- 1 tbsp. honey
- 1 1/2 tsp. each of ground allspice, nutmeg, cloves, and cinnamon
- Salt and pepper to taste



#### Directions:

1. Melt butter in large soup pot over medium heat; cook onions in butter, stirring frequently, until lightly golden brown, about 15 minutes. Pour chicken broth into onions and bring to boil
  2. Reduce heat to low, stir sweet potato and carrots into broth mixture. Simmer until vegetables are tender, about 10 minutes. Stir apple, pear, and red pepper into mixture; simmer until softened, about 5 more minutes. Use an immersion blender to blend mixture into smooth purée
  3. Stir pumpkin purée, evaporated milk, and spices into soup. Blend again, then serve.
- Serve with toasted and buttered crusty Italian bread for the ultimate comfort meal.



**OUR GENEROUS DONATIONS**

Lee Larsen Jim and Arlene Robinson Pat Robinson  
Donna Lundin Debbie Dietrich Roy Gramlich  
Julie Grone Glennadine Barker Fransisco Morales  
Ginny Otte Deb Daehnke Pete & Julie Reeg  
Jude & Ron Milliken Ardyce Stanley Linda Teach  
Bob & Marilyn Carhart Mardelle Brudigan Kathy Johnson  
Bonnadell Koch Marcella Larson Anita Fuelberth  
George Burcum & Susan Boust

Thank you to Kinship Pointe for providing 10 free meal tickets & Country View for providing 4 free meal tickets and the Monthly Birthday Cake

**Memorials**

In Memory of Norma Backstrom: Marie Mohr, Jack Manske, Jane Ahmann, Rod Hunke, John & Anita Fuelberth  
In Memory of Marion Baker: Marilyn & Gerald Otte

**The Wayne Public Transit**

*A COMMUNITY SERVICE FOR ALL*

Open for transportation—Monday through Friday  
8:00 am to 4:00 pm (Only)

We are an On-demand service with reservations . Call: 375-1460

Please schedule trips and appointments according to hours of operation—\$1.50 Fare for each stop

**COVID PROTOCOLS IN PLACE TO PROTECT BOTH THE DRIVERS AND PASSENGERS**

**IT IS STILL A FEDERAL MANDATE THAT MASKS ARE REQUIRED ON ALL PUBLIC TRANSIT. PLEASE WEAR A MASK!!**



**WHO'S WHO AT THE WAYNE SENIOR CENTER**

Diane Bertrand	Manager
Misty Brasch	Assistant Manager/Head Kitchen
Frank Sheda	Van Driver/Asst.
Halie Chinn	Dispatch/Asst.
Roger Hochstein	Van Driver
Dan Carroll	Van Driver
Denny Spangler	Van Driver
Phil Does	Van Driver
George Burcum	President
Carol Dunning	Vice President
Verna Mae Baier	Secretary
Joan Lage	Treasurer
Francisco Morales	Board Member



Services are provided without regard to race, origin, handicaps, age or sex. The Wayne Senior Center is funded by the City of Wayne, Northeast Nebraska Area Agency on Aging, The Department of Roads, Wayne Community Chest, and your donations.

**Answers to Grandparents' Day Trivia**

1. Zero
2. A phone line that was shared between multiple families
3. Adventures in Paradise
4. 48
5. 1 out of 10
6. About 3/4 of grandparents up to age 65
7. 10%
8. Over 70 million
9. A Song for Grandma and Grandpa by Johnnie Prill
10. Forget-Me-Nots

If you asked your grandchildren the first three questions, did they know any of the answers? Or did their answers make you laugh? If you would like to share any of the answers you got with Halie, they may be featured in the October newsletter!



**Senior Center Staff Hours Available to take your calls**

**Monday – Friday  
7:00 am to 4:00 pm**

**Open to the Public from 7:00am-4:00pm for coffee and social activities**

**For Curb Side Delivery, Congregate Dining or Meals on Wheels Delivery—Please call by noon the day before!**

**Suggested Contribution remains: \$4.95 for 60 & up**

**Meals on Wheels delivery leaves the Center at 11:00 am. For Curb Side pickup meal reservations—Drive to the WEST Side of the building, between 11:15—11:30 am. Congregate dining begins at 11:45 am.**

**If you are unable to be out and about and would like a meal delivered directly to your home by our Great Volunteers—give us a call and Visit with Misty or Diane for Details!**

*A special thank you to Wayne Community Chest for funding the distribution of this newsletter.*