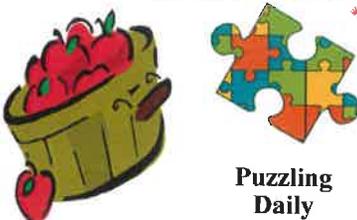




September 2023 Activities



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2.</p> <p>HAPPY Labor Day</p> <p>CLOSED! FOR LABOR DAY</p>	<p>3.</p> <p>Kick off for National Senior Center Month</p> <p>Morning Walking Quilting Afternoon Bridge Club</p>	<p>4.</p> <p>10:45 Music by Bob Doughty</p> <p>Monthly B. Day Party Day</p> <p>Morning Walking Quilting & FROGs Hand & Foot—Pitch & Pool</p>	<p>5.</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>6.</p> <p>11:30 Music by Dan Hansen</p> <p>Morning Walking Quilting & FROGs Pitch & Pool BINGO</p>
<p>9.</p> <p>Toe Nail Clinic Call to Reserve a Time</p> <p>Morning Walking Quilting & FROGs Pitch & Pool</p>	<p>10.</p> <p>10:45 to 11:45 Health Clinic</p> <p>Morning Walking Quilting Afternoon Bridge Club</p>	<p>11.</p> <p>10:45 Music by Bob Doughty</p> <p>Morning Walking Quilting & FROGs Hand & Foot—Pitch & Pool</p>	<p>12.</p> <p>Magnuson/Hopkins 11:15-11:45</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>13.</p> <p>11:30: Name that Tune w/ Megan from Kinship</p> <p>Morning Walking Quilting & FROGs Pitch & Pool BINGO</p>
<p>16.</p> <p>Morning Walking Quilting & FROGs Pitch & Pool</p>	<p>17.</p> <p>11:30: Spotlight on Promise</p> <p>Morning Walking Quilting & Pitch Afternoon Bridge Club Shredding Event: 11:00-Noon</p>	<p>18.</p> <p>10:45 Music by Bob Doughty</p> <p>Morning Walking Quilting & FROGs Hand & Foot Pitch & Pool</p> <p>12:30: Monthly Board Meeting</p>	<p>19.</p> <p>11:15 :Clarinet Extravaganza w/ Bill & Jay</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>20.</p> <p>Morning Walking Quilting & FROGs Pitch & Pool BINGO</p>
<p>23.</p> <p>Morning Walking Quilting & FROGs Pitch & Pool</p>	<p>24.</p> <p>Morning Walking Quilting & Pitch Afternoon Bridge Club</p>	<p>25.</p> <p>10:45 Music by Bob Doughty</p> <p>10:00 Caregivers Meeting</p> <p>Morning Walking Quilting & FROGs Hand & Foot Pitch & Pool</p>	<p>26.</p> <p>11:30: Music by Val Koeber</p> <p>Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>27.</p> <p>11:30: Music by Connie Webber</p> <p>Morning Walking Quilting & FROGs Pitch & Pool & BINGO Q & A w/ Wes Blecke—noon</p>
<p>30.</p> <p>Morning Walking Quilting & FROGs Pitch & Pool</p>	 <p>Puzzling Daily</p>	<p>BRING YOUR FAVORITE COFFEE TIME TREAT AND SHARE IT WITH OTHERS AT OUR 2:30 PM COFFEE AND SNACK TIME</p> <p><u>THANKS FOR HELPING!</u></p>		<p>DAILY COFFEE/SNACK TIME 7:00—10:00 AM 2:30 PM MONDAY—FRIDAY REMEMBER to sign coffee time sheet to help us take credit for Offering this fun time for all</p>



September 2024 Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2.</p>  <p>CLOSED FOR LABOR DAY!</p>	<p>BRUNCH 3. FOR LUNCH! Served from 11:00 to 11:45 Pancakes Sausage links Scrambled eggs Fruit cup Fruit Juice/ Tomato Juice</p>	<p>MONTHLY B. DAY 4. PARTY 10:45: Music by Bob Doughty Cake served @ Center Fish Sandwich on HM Bun Cheesy Hash browns Coleslaw Cheese Cake w/fruit topping</p>	<p>5. BBQ Chicken Breast Baked Potato Corn Apricot Salad WW Dinner Roll</p>	<p>6. Sr. Day Drawing By Kinship Lasagna Caesar Salad Garlic Bread Stick Mandarin Oranges</p>
<p>9. Chicken Alfredo Broccoli Biscuit Strawberry Shortcake</p>	<p>Luncheon 10. Drawing By Countryview Egg Salad or Ham/Turkey & Cheese On HM Bun Minestrone Soup Seasonal Fresh fruit & Cookie</p>	<p>11. 10:45: Music by Bob Doughty We Serve Wednesday w/ The Meadows Oven Baked Chicken Mashed Potatoes/gravy Creamed Corn—Dinner Roll Mandarin Oranges</p>	<p>12. Goulash Lettuce Salad Bar w/asst. Veggies Cherry Crisp Garlic Bread Stick</p>	<p>13. Fine Dining Friday 11:30: "Name that Tune w/ Megan from Kinship" Salisbury Steak Scalloped Potatoes Green Bean Casserole Dinner Roll & Pears</p>
<p>16. Pork Chop Dressing Mashed Potatoes/gravy Corn WW Dinner Roll Mixed Fruit</p>	<p>17. 11:30: Spotlight on Promise Scalloped Potatoes & Ham Green beans w/Almonds Fresh sliced Tomato Hawaiian Dinner roll Strawberry Shortcake Tomato Or Grape Juice</p>	<p>18. 10:45: Music by Bob Doughty Tater Tot Casserole 7-Layer Salad Mandarin Oranges/Jell-O Banana Muffin</p>	<p>19. 11:15: Clarinet Extravaganza w/ Bill Koeber & Jay Oleary Ham Balls Baked Potato Butter Beets Sliced Bread Strawberry/Applesauce</p>	<p>20. Pulled Pork Sandwich on HM Bun Au gratin Potatoes Coleslaw Salad Yogurt w/fruit</p>
<p>23. Special Luncheon Drawing Noon: By Countryview Taverns On HM Bun Calico Beans Macaroni Salad Fruit Salad Oatmeal Carissin Cookie</p>	<p>24. Sliced Ham w/Pineapple glaze Sweet Potatoes California Blend HM Rye Bread Apple Sauce Bars Cranberry Juice</p>	<p>25. 10:45: Music by Bob Doughty Spaghetti w/ Meat Sauce Lettuce Salad bar w/Variety of mixed veggies Garlic Bread Stick Peaches</p>	<p>26. 11:30 am: Music by Val Koeber Meat Loaf Mashed Potatoes w/gravy Creamed Corn Dinner Roll Fresh Seasonal Fruit</p>	<p>27. 11:30: Music by Connie Webber Baked Chicken Cutlet Baked Potato Green Beans w/Bacon Biscuit Strawberries Q & A w/ Wes at Noon</p>
<p>30. FIESTA TIME Taco Salad Bar Lettuce & Taco Meat Tortilla Chips Assorted Muffins Assorted fruit juices Ice cream Sunday bar Noon @ Center</p>		<p>September 8th, 2024</p>  <p>Dear Grandpa and Grandma.... You Two Are the Two Strong Pillars of Our Family, a Beautiful Blessing From God. You Two Have Always Brightened Our Lives With Your Sacrifices and Love. Thank You Giving Us Such a Wonderful Upbringing. Happy Grandparents' Day</p>	<p>ENJOY! Misty's Fresh Baked Breads daily 2% or Skim Milk, Coffee and water served daily for In-House Congregate meals 2% milk served for MOW & To Go meals</p>	