



# October 2024 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1. Oven Baked Chicken Mashed Potatoes Creamed Corn Cantaloupe &amp; Grapes Dinner Roll</p>	<p>2. <b>Music with Bob</b> Monthly B. Day Party Cake at Center Goulash Garlic Bread stick Lettuce Salad w/asst. veggie Cherry Crisp</p>	<p>3. Ham Balls Baked Potato Butter Beets Hawaiian Dinner Roll Peaches</p>	<p>4. <b>DRAWING</b> <b>Music with Dan</b> Turkey Tetrzzini Italian Peas Biscuit &amp; Honey Strawberry Shortcake Tomato Juice</p>
<p>7. Pulled Pork Sand Calico Beans Cole Slaw/Apples Home made Bun Frozen mixed fruit/Yogurt</p>	<p>8. <b>HEALTH CLINIC</b> <b>Spotlight on Promise</b> Sliced Beef Mashed Potatoes/gravy Corn Dinner Roll Strawberries &amp; Banana's</p>	<p>9. <b>Music with Bob</b> Tater Tot Casserole 7-Layer Salad Apricot Salad Banana Muffin</p>	<p>10. <b>Wayne Eye Care</b> Creamed Chicken on Biscuit Broccoli w/ Chez sauce Cranberry Salad Cherry Chocolate Cake</p>	<p>11. <b>DINING</b> <b>FINE Immunization Clinic</b> Swiss Steak Cheesy Potatoes Green Bean Casserole WW Dinner Roll Pears</p>
<p>14. <b>Toe Nail Care</b> BBQ Chicken Breast Baked Potato Dilled Carrots HM Dinner roll Fruit Salad</p>	<p>15. <b>Special Luncheon Drawing</b> Spaghetti w/Meat sauce Lettuce Salad w/ asst. Veggies Garlic Bread stick Peaches</p>	<p>16. <b>WE SERVE WEDNESDAY</b> <b>Music with Bob</b> Sliced Ham/ pineapple glaze Mashed sweet potatoes Green Beans w/Almonds HM Rye Bread Applesauce Bars Cranberry Juice</p>	<p>17. <b>Open Enrollment</b> Tilapia California Blend Veggies Au gratin potatoes WW dinner roll Cherry Jell-O w/mixed fruit</p>	<p>18. <b>Soup Weather kick off!</b> Potato or Chili Soup Celery/Carrot sticks Fruit Pie HM Bread <b>Music w/ Burt &amp; Dan</b> <b>OCTOBERFEST!</b></p>
<p>21. Breaded chicken Sand. On HM Bun Creamed Potatoes Buttered Peas Fruit Salad</p>	<p>22. <b>Music with Deb</b> Meat balls w/mush. Sauce Au gratin Potatoes Scalloped corn HM Pumpkin Muffin Mandarin Oranges</p>	<p>23. <b>Music with Bob</b> Sliced Pork roast Mashed Potatoes Sauerkraut Green Beans w/bacon HM Rye Bread Apricot salad</p>	<p>24. Scalloped Potatoes &amp; Ham Mixed veggies Tomato Salad Hawaiian dinner roll Strawberry short cake Tomato/grape juice</p>	<p>25. Transit WILL be open <b>STAFF WORK DAY</b> <b>CLOSED!</b> (NO MEALS TODAY STAFF IS AVAILABLE TOTAKE YOUR CALLS)</p>
<p>28. Fish Sand. On HM bun Tarter &amp; Lettuce Carrots Au gratin potatoes Cherry Cheese cake</p>	<p>29. <b>Music with Val</b> Pork chop Dressing Mashed Potatoes WW dinner roll Mixed Veggies Mandarin Oranges</p>	<p>30. <b>Music With Bob</b> Lasagna Caesar lettuce salad Garlic bread stick Tropical fruit salad <b>Special Luncheon Drawing</b> <b>Care Givers meeting</b></p>	<p>31. <b>HAPPY HALLOWEEN</b> <b>Music with Connie</b> Chicken Cordon Bleu Scalloped Potatoes Green Beans w/bacon Hawaiian dinner roll Fruit Salad</p>	<p>Enjoy Misty's Homemade Breads Daily 2% or Skim Milk Coffee &amp; Water Served Daily In House 2% served for To-Go &amp; MOW Delivery</p>



# October 2024 Activities



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
 <p>Puzzling Daily</p>	<p>1. Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>2. <b>Monthly Birthday Party</b> Morning Walking Quilting &amp; FROGS Pitch &amp; Pool</p> <p>10:45 Music by Bob Doughty</p>	<p>3. Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>4. 11:30 Music by Dan Hansen Sr. Day Drawing w/ Countryview Morning Walking Quilting &amp; FROGs Pitch &amp; Pool Bingo</p>
<p>7. Morning Walking Quilting &amp; FROGS Pitch &amp; Pool</p>	<p>8. 10:45—11:45 Health Clinic 11:30 Spotlight On Promise Morning Walking Quilting Afternoon Bridge Club</p>	<p>9. 10:45 Music by Bob Doughty Morning Walking Quilting &amp; FROGS Hand &amp; Foot—Pitch &amp; Pool</p>	<p>10. 11:15 - 11:45 am Wayne Eye Care “Eye Glass Care” Morning Walking Quilting &amp; Pitch Afternoon Bridge Club</p>	<p><b>FINE</b> 11. <b>DINING</b> Friday w/ Megan from Kinship 10:30 to 11:30 am Immunization Clinic Morning Walking Quilting &amp; FROGS Pitch &amp; Pool &amp; Bingo</p>
<p>14. Toe Nail Care (Call for a time) Morning Walking Quilting &amp; FROGS Pitch &amp; Pool</p>	<p>15. Special Luncheon Drawing w/ Kinship Morning Walking Quilting &amp; Pitch Afternoon Bridge Club</p>	<p><b>WE SERVE</b> 16. <b>WEDNESDAY</b> w/ The Meadows—Norfolk 10:45 Music by Bob Doughty Morning Walking Quilting &amp; FROGS Hand &amp; Foot Pitch &amp; Pool</p>	<p>17. Medicare Part D - Open Enrollment Call for a time! Morning Walking Quilting &amp; Pitch Afternoon Bridge Club</p>	<p><b>OCTOBER</b> 18. <b>FEST</b> Fun w/ Friends from “Heritage of Fountain Point” Music by Burt &amp; Dan: 11 to noon Morning Walking—Quilting FROGs—Pitch &amp; Pool Bingo</p>
<p>21. Morning Walking Quilting &amp; FROGS Pitch &amp; Pool</p>	<p>22. 11:30—Music by Deb Dickey Morning Walking Quilting Afternoon Bridge Club Pitch</p>	<p>23. 10:45 Music by Bob Doughty “12:30 Board Meeting” Morning Walking Quilting &amp; FROGS Hand &amp; Foot—Pitch &amp; Pool</p>	<p>24. Morning Walking Quilting &amp; Pitch Afternoon Bridge Club</p>	<p><b>CITY TRANSIT</b> 25. <b>IS OPEN</b> <b>CLOSED</b> FOR STAFF WORK DAY STAFF WILL BE AVAILABLE TO TAKE YOUR CALLS</p>
<p>28. Morning Walking Quilting &amp; FROGS, Pitch &amp; Pool</p>	<p>29. 11:30—Music by Val Koeber Morning Walking Quilting Afternoon Bridge Club</p>	<p>30. 10:00 Caregivers Meeting 10:45 Music by Bob Doughty Special Luncheon Drawing With Kinship Morning Walking &amp; Quilting FROGs—Hand &amp; Foot Pitch &amp; Pool</p>	<p>31. Happy Halloween 11:30—Music by Connie Webber Morning Walking Quilting &amp; Pitch Afternoon Bridge Club</p>	<p><b>DAILY COFFEE/SNACK TIME</b> 7:00—9:30 AM &amp; 2:30 PM <b>MONDAY—FRIDAY</b> Thanks for helping out with Bringing of snack @ 2:30 pm Coffee time! Sign up on snack Calendar on sign in table!</p>