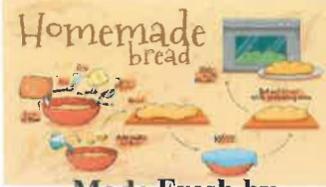




# MARCH 2025 Menu



| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| <p>3.</p> <p>Lasagna<br/>Caesar Salad<br/>Garlic Bread Stick<br/>Mixed fruit</p>  | <p>4.</p> <p>Potato Soup<br/>HM Rye Bread<br/>Peach Cobbler<br/>Celery Stick<br/>w/ Peanut butter</p>   | <p>5.</p> <p>Goulash<br/>Lettuce Salad<br/>w/asst. veggies<br/>Sliced Bread<br/>Strawberry Shortcake</p>   | <p>6.</p> <p>Oven Baked Chicken<br/>Mashed Potatoes<br/>Creamed Corn<br/>Mandarin Oranges<br/>Dinner roll</p>   | <p>7.</p> <p>In House Pie Sponsored<br/>By Arlene Robertson<br/>Happy Birthday<br/>Beef &amp; Noodles<br/>Italian Peas—Biscuit<br/>Cherry Pie &amp; Tomato Juice</p> |
| <p>10.</p> <p>Salisbury Steak<br/>Scalloped Potatoes<br/>Green bean Casserole<br/>Biscuit &amp; Honey<br/>Peaches</p>   | <p>11.</p> <p>Pulled Pork Sandwich<br/>on HM Bun<br/>California blend<br/>Cole Slaw/Apples<br/>Frozen fruit w/Yogurt</p>  | <p>12.</p> <p>BBQ Meat Balls<br/>Cheesy Hash Browns<br/>Butter beets<br/>WW Dinner Roll<br/>Apple Crisp</p>  | <p>13.</p> <p>Hamburger Casserole<br/>Lettuce salad<br/>w/asst. veggies<br/>Sliced White Bread<br/>Cherry Crisp</p>   | <p>14.</p> <p>Minestrone Soup<br/>Turkey/Ham/Cheese Slice<br/>On HM bun<br/>Mandarin Oranges<br/>Tomato Juice</p>  |
| <p>HAPPY 17. ST. PATTY'S</p> <p>Corned Beef w/ Cabbage<br/>Irish Potatoes<br/>Creamed Peas<br/>HM Rye bread<br/>Hidden Pear Lime<br/>Jello Salad</p>  | <p>18.</p> <p>Tater Tot Casserole<br/>7 Layer salad<br/>Mandarin Oranges Jell-O<br/>HM Banana muffin</p>  | <p>19.</p> <p>Sliced Ham<br/>w/ Pineapple glaze<br/>Mashed sweet potatoes<br/>Green bean w/ Almonds<br/>Hawaiian dinner roll<br/>Applesauce bars<br/>Cranberry Juice</p> | <p>20.</p> <p>Spaghetti w/meat sauce<br/>Lettuce salad<br/>w/asst. veggies<br/>Garlic Bread<br/>Peaches</p>   | <p>21.</p> <p>Fish Sandwich<br/>on HM bun<br/>Tarter &amp; Lettuce<br/>3 bean salad<br/>Au gratin potatoes<br/>Hidden pear salad</p>                                 |
| <p>24.</p> <p>Chili Soup<br/>Relish Sticks<br/>HM Cinnamon roll<br/>Strawberry Applesauce</p>   | <p>25.</p> <p>Sliced Pork roast<br/>Mashed Potatoes<br/>Sauerkraut<br/>Scalloped corn<br/>HM Rye bread<br/>Apricot Salad</p>  | <p>26.</p> <p>Meat Balls w/Mush. Sauce<br/>Au gratin potatoes<br/>Green beans w/bacon<br/>HM pumpkin Muffin<br/>Cherry Jell-O<br/>w/ Mandarin oranges</p>                | <p>27.</p> <p>Pork Tenderloin sandwich<br/>on HM bun<br/>Mayo &amp; Pickle Slices<br/>Creamed potatoes<br/>Italian Peas<br/>Tapioca/fruit salad</p>   | <p>28.</p> <p>Tilapia<br/>Potato Salad<br/>Maple glazed carrots<br/>WW dinner roll<br/>Yogurt w/mixed fruit</p>  |
| <p>31.</p> <p>BBQ Chicken Breast<br/>Baked Potato<br/>Dilled Carrots<br/>Hawaiian dinner roll<br/>Fruit Salad</p>   |   | <p>2% or Skim Milk, Coffee and<br/>Water served daily for<br/>In-house Congregate<br/>meals.<br/>2% milk served for To Go<br/>and MOW Meals.</p>                         | <p>The Season of Lent</p>  <p>ASH WEDNESDAY<br/>First Day of Lent</p>  <p>MARCH 5TH</p> |  <p>Made Fresh by<br/>Misty Daily</p>   |



# March 2025 Activities



| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| <p>3.</p> <p>Morning Walking<br/>FROGS<br/>Pitch &amp; Pool</p>  | <p>4.</p> <p>Morning Walking<br/>Afternoon Bridge Club<br/>Pitch &amp; Pool</p> <p><b>SHROVE TUESDAY</b></p>   | <p>5.</p> <p>Monthly Birthday Party @ Noon<br/>Morning Walking<br/>FROGS<br/>Pitch &amp; Pool<br/>10:45 Music by: Bob Doughty</p> <p><b>ASH WEDNESDAY</b></p>                            | <p>6.</p> <p>Morning Walking<br/>Afternoon Bridge Club<br/>Pitch</p>  | <p>7.</p> <p>Senior Day Drawing<br/>by Kinship<br/>Morning Walking<br/>FROGS<br/>Pitch &amp; Pool<br/>Bingo<br/>11:30—Music by Dan Hansen</p>  |
| <p>10.</p> <p>Toe Nail Care<br/>W/ Rachael<br/>(Call for a time)<br/>Morning Walking<br/>FROGS<br/>Pitch &amp; Pool</p>  | <p>11.</p> <p>Health Clinic: 10:45 to 11:45<br/>w/ Senior Solutions<br/>Morning Walking<br/>Afternoon Bridge Club<br/>Pitch<br/>11:15 Music by: Alan Bruflat</p> | <p>12.</p> <p>Morning Walking<br/>FROGS<br/>Hand &amp; Foot<br/>Pitch &amp; Pool<br/>10:45 Music by: Bob Doughty</p>   | <p>13.</p> <p>Eye Glass Care<br/>11:15 to 11:45 am<br/>By Evolving Eye Care<br/>Morning Walking<br/>Afternoon Bridge Club<br/>Pitch</p>   | <p>14.</p> <p>Special Luncheon Drawing<br/>by Countryview<br/>Morning Walking<br/>FROGS<br/>Pitch &amp; Pool &amp; Bingo<br/>11:30—Music by Ann Isom</p>   |
| <p>HAPPY ST. 17. PATTY'S DAY<br/>Music by: Connie Krueger<br/>Served to us by<br/>Our Friends from Heritage<br/>Morning Walking<br/>FROGS<br/>Pitch &amp; Pool</p> | <p>18.</p> <p>Morning Walking<br/>Pitch<br/>Afternoon Bridge Club</p>  | <p>Board Meeting 19. 12:30 pm<br/>"We Serve Wednesday"<br/>With Countryview<br/>Morning Walking &amp; FROGS<br/>Hand &amp; Foot<br/>Pitch &amp; Pool<br/>10:45 Music by: Bob Doughty</p> | <p>20.</p> <p>Morning Walking<br/>Afternoon Bridge Club<br/>Pitch</p> <p><b>FIRST DAY OF SPRING</b></p>   | <p>21.</p> <p>Morning Walking<br/>FROGS,<br/>Pitch &amp; Pool<br/>Bingo</p>  |
| <p>24.</p> <p>Morning Walking<br/>FROGS<br/>Pitch &amp; Pool</p>   | <p>25.</p> <p>Morning Walking<br/>Afternoon Bridge Club<br/>Pitch<br/>11:30—Music by:<br/>Spot light on Promise</p>  | <p>26.</p> <p>Caregivers w/Sr. Solutions 10am<br/>Morning Walking<br/>FROGS<br/>Hand &amp; Foot/Pitch &amp; Pool<br/>10:45 Music by: Bob Doughty<br/>We Serve w/The Meadows</p>          | <p>27.</p> <p>Special Luncheon Drawing<br/>By Countryview<br/>Morning Walking<br/>Afternoon Bridge Club<br/>Pitch</p>   | <p>28.</p> <p>Morning Walking &amp;<br/>FROGS<br/>Pitch &amp; Pool<br/>&amp; Bingo<br/>11:30—Music by<br/>Connie Webber</p>  |
| <p>31.</p> <p>Morning Walking<br/>FROGS<br/>Pitch &amp; Pool<br/>Noon: Informational Speaker<br/>PMC Amy Davidson<br/>PAD: Peripheral<br/>Artery Disease</p>       | <p>ENJOY PUZZLING DAILY</p>   |    | <p>DAILY COFFEE/SNACK TIME<br/>7:00—9:30 AM<br/>2:30 PM<br/>MONDAY—FRIDAY<br/>REMEMBER to sign coffee<br/>time sheet to help us take<br/>credit for Offering<br/>this fun time for all!</p> | <p>Spring forward</p> <p>Don't forget to set<br/>clocks ahead<br/>one hour<br/>at 2 a.m.<br/>Sunday.<br/>MARCH 9TH</p>  |